



# inside PNAA

Official Newsletter of the Philippine Nurses Association of America, Inc.

*Our Collective SPARK*

# 43<sup>rd</sup> PNAA ANNUAL NATIONAL CONVENTION

July 6 - 10, 2022

New York Marriott Marquis  
New York City



*Hosted by PNA New York*



# FROM THE EDITOR



Greetings, PNA A!

I hope you are doing well and fully recovered from the very successful 43rd PNA A Annual Convention. What an event! This convention was our first big face-to-face event since the COVID-19 pandemic, and everyone was happy and excited to see old and new friends from all over the country. The convention brought so much excitement and renewed enthusiasm to continue our tradition of excellence. The multiple events held during the convention went without any glitches, many thanks to the careful and deliberate planning and execution by PNA New York. Their hospitality was simply top-notch. You will see some of the highlights in this month's issue.

The convention also highlighted PNA A's accomplishments under Dr. Mary Joy Garcia-Dia's brilliant leadership. This SPARK president led PNA A during the most tumultuous times, yet she elevated our organization to one of the most respected professional organizations nationally and globally. Taking over the helm of this stellar organization is another highly-respected leader, Dr. Gloria Beriones. Her theme, "Our Unified Voices: WE CARE," is featured in this issue. Her mantra will continue to inspire us to promote the mission and vision of PNA A.

We tried to capture the convention's precious moments, so we hope you enjoy reading this month's newsletter. Mabuhay ang PNA A!

Bob Gahol  
Editor-in-Chief 2020-2024



## **EDITORIAL STAFF**

### **Editor-in-chief**

COL (Retired) Bob Gahol, MBA, MPA, MMAS, MSS, BSN, RN

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## **ABOUT INSIDE PNAA**

inside PNAA is the official newsletter of the Philippine Nurses Association of America, Inc.

### **Our Vision:**

To connect PNAA members by providing quality and timely information and news.

### **Our Goals:**

- i. To serve as the primary platform of information for PNAA members
- ii. To highlight the achievements of the PNAA members
- iii. To serve as the base for overall schedule of activities for PNAA and its numerous chapters

For more information about  
Philippine Nurses Association of America, Inc.  
Visit our website: [www.mypnaa.org](http://www.mypnaa.org)

### **Social Media**

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# THE *21st* PRESIDENT'S MESSAGE



Message from the PNAA President

As I was searching for my final message leading PNAA from 2020-2022, I came across this quote from Sheryl Sandberg: *"Leadership is about making others better as a result of your presence and making sure that impact lasts in your absence."*

We can all agree that the presence of our past leaders contributed to the continuing impact that PNAA has on the nursing community. Our term was challenging and full of uncertainties. Despite the pandemic, your presence in your own chapter and in the community reverberates at the national level. You stepped up to the plate and brought your leadership presence within and outside of PNAA. Our members will remember the impact of your SPARK. Most importantly, we have elevated our own narratives and stories that will fuel the engagement and advocacy to continue the work ahead.

We appreciate everyone's support in running the marathon with us for the past two years. Congratulations to the planning committee for delivering a successful 43rd PNAA National Convention hosted by PNA-New York. Our collective spark will be one of the best memories that I have served as your 21st PNAA President. Maraming Salamat for your meaningful presence during my term, and congratulations to the incoming executive board 2022-2024 led by Dr. Gloria Beriones.

Mabuhay!

Sincerely,

**Mary Joy**

Mary Joy Garcia-Dia, DNP, RN, FAAN  
President 2020-2022  
Philippine Nurses Association of America







## President's Message

### **OUR UNITED VOICES: WE CARE** **Wisdom. Excellence** **Collaboration. Advocacy. Respect. Equity**



I want to thank all the PNAAP colleagues across the country for their unwavering purpose and passion in promoting and advancing the PNAAP's Mission, Vision, and Goals for the past 43 years. My sincere and deep appreciation to the 21 PNAAP Past Presidents and all the past officers whose vision, dedication, and hard work took us to where we are today. The success of the 43<sup>rd</sup> PNAAP National Convention at the Marriott Marquis, New York City, July 6-10, 2022, is a true leadership exemplar. It was the collective efforts of the host chapter PNA New York led by Dr. Warly Remegio, President, Executive Board, and Committee Chairpersons. The four Past Presidents of PNAAP / PNA New York: Dr. Mary Joy Garcia-Dia, Miss Lolita Compas, Miss Rosario May Mayor, and Dr. Reynaldo Rivera together they served in the planning, execution, and evaluation of the successful 43<sup>rd</sup> PNAAP National Convention, thank you!

Dr. Mary Joy Garcia-Dia, PNAAP Immediate Past President, Executive Board, and Committee Chairperson 2020-2022 your exemplary service and leadership for the past two years put the PNAAP on the map globally. The unprecedented COVID-19 pandemic, a public health crisis changed our lives and the world forever. The PNAAP together with chapters' leaders continued to focus on saving lives as many Filipino-American nurses are working on the frontlines. The PNAAP leadership provided resiliency programs for the mental health and well-being of its members.

**OUR UNITED VOICES: WE CARE** ... It is my deep aspiration for my fellow Filipino and Filipino-American nurses to be unified with one strong voice. I believe that we, the PNAAP, will continuously make significant impact through our **Wisdom** by making sound decisions based on knowledge and our rich experiences. Our quest for **Excellence** in all that we do in clinical practice, education, leadership, management, research, and legislative policies. The power of **Collaboration** is invaluable internally within the chapter and among the chapters. Externally the PNAAP's collaboration is empirical for expanding its influence and significant contributions to the advancement of the nursing profession and mankind. **Advocacy** is every nurse's responsibility and Filipino-American nurses are global citizens. The PNAAP in alignment and support of the Future of Nursing 2020-2030: Charting a Path to Achieve Health Equity, will advocate for Diversity, Equity, and Inclusion. **Respect** is fundamental to every human being. It creates trust, psychological safety, and feeling of well-being. Being respectful is our cultural trait and we must capitalize on it. For example, let us make decisions on what is right and not who we like. **Equity** means everyone has fair and just opportunity. The PNAAP will support a shared agenda to achieve health equity for all through multisectoral approach such as collaboration with the National Coalition of Ethnic Minority Nurse Associations (NCEMNA), American Nurses Association, government agencies, schools, public and private sectors, and other stakeholders.

**Together with passionate, committed, and dedicated PNAAP Executive Board 2022-2024, we are ready to serve the PNAAP and the members with ... OUR UNITED VOICES: WE CARE!**

Sincerely,  
Gloria Lamela Beriones, PhD, RN, NEA-BC  
PNAAP President 2022-2024  
[22ndpnaapresident@gmail.com](mailto:22ndpnaapresident@gmail.com)

# *A Tribute to Our SPARK President*

*I would like to thank you for your leadership and Congratulate you on a very successful term and annual conference. I was very impressed with the quality of the educational offerings on both days. I have learned a lot! I am very proud to be a member of this community and the PNAA family!*

*A HUGE kudos to all the committee chairs and members for a very successful conference. They deserved a standing ovation! God Bless you and good luck on your future endeavors, which I know you will succeed more than 100% without a doubt.*

**Cora A. Sarmiento, MS, RN  
PNA Maryland**

*I congratulate you on your successful presidency. Your accomplishments are beyond amazing, considering the insurmountable odds the pandemic brought about. Your tenacity, resilience, and brain power allowed all of us to bring our SPARK to fate forefront. I wish you well and more power to your continued success.*

**Tess Medina, DNP, MAS, PMH, RN, BC  
PNA New Jersey**

*What a powerful statement and expression of your appreciation. I am honored to have served you in whatever capacity. The sablay for FAAN and your creative and ingenious way of honoring past presidents of PNAA with Sablay are only a few of demonstrating your love for our culture. Your term as president was most challenging, but you rose to the occasion and impacted many of us.*

*I am very much honored as you tell your story about me, who inspired you to be where you are and what you are right now! I wish you only the BEST!*

**Darlene Dilangalen Borromeo  
PNA New Jersey**

*Thank you for your beautiful and inspiring message. Your leadership and SPARK mantra left an indelible mark.*

*Thank you. More Power, and God Bless!*

**Princessita Garces  
PNA Corpus Christi Texas**

*Dr. Mary Joy Garcia-Dia*

## *A tribute to Our SPARK President*

*Congratulations on a job well done as PNAA President 2020-2022!. You are a Leader who is not defined simply by your popularity, but a leader who is willing to take risks, to share credits, to keep innovating, motivating, and partnering for excellence and the greater good of the organization. Thank you for leading the way and moving forward. You did SPARK PNAA...*

*Fracel Solar  
PNA New England*

*In the long history and remarkable legacy of the PNAA Presidency, we've had some incredible leaders, very highly decorated nurses, academic/healthcare experts, and great mentors. What stood out for me with Immediate Past President MJ Dia was her being extra personable. No matter how insignificant of a member you are or how big or small of a contributor you are in the organization, she recognizes you because she goes out of her way to get to know every member. She is genuine and very down-to-earth despite holding the highest and most important position in PNAA. Kudos to you, MJ, for your unforgettable leadership and incredible achievements, especially during the unprecedented times of the COVID-19 Crisis. Thank you for your great guidance. Best of luck on the next venture.*

*Arlin Fidellaga, RN  
PNA New Jersey*

*An impressive finish to an impressive term! Kudos to ALL! It had been an honor serving with all of you.*

*Thank you, Madame President Dia for your leadership and for raising the bar!*

*Elena De Jesus  
PNA Northwest Indiana*

*Thank you for such a wonderful word of wisdom as I am creating the spark of the child care nurse consultant section for early childhood education. There is so much we could do specifically focusing on maternal-child development as my part in American Public Health Nurse Association. As I developed those principles in improving child care environment and research for the child environment the whole community is involved in developing them in policies and local application in dealing with families. I appreciate your leadership sensitivity and looking at the future of the nursing profession.*

*May more blessings to you." If we carry the correct principles, it will grow for the better of the organization and never fade away. It will stand alone."*

*Bryan Ranchero, RN, PHN  
PNA Illinois*





## *A tribute to Our SPARK President*

*This heartfelt message is a loving tribute to our 21st PNAA President, Dr. Mary Joy Garcia-Dia, an authentic, sincere, passionate, SPARK and Pandemic President who has elevated PNAA and all chapters to greater heights. She made PNAA visible by partnering with other organizations. The partnership and collaboration trickle down to other PNAA chapters, including PNA San Diego, through some of the educational webinars sponsored by APIAHF, ALL IN, and AstraZeneca. I also enjoyed participating with Dr. Garcia-Dia's planning team at the 40th PNAA National Virtual Convention, the first Virtual convention hosted by PNASD, the PNAA 2022 Global Summit IV and the 13th International Conference, 2018 Western Regional Hybrid Conference, and with PNASD COVID-19 Task Force as a recipient of grants from PNAAF and APIAHF. I am a behind-the-scenes supporter and always just a "phone call away" if needed. Thank you, and Congratulations on your leadership and accomplishments for the past two years despite the pandemic challenges.*

*Dr. Merlie Buenviaje Ramira  
PNASD President 2014-2016*

*My presidency was long over, but I continue to get inspired by my successors, especially by you during your term. You have done a phenomenal job in setting the bar higher for PNAA. Time to rest for now while pondering on your "second wind." Welcome to the Advisory Council.*

*Dr. Dino Doliente  
19th PNAA President*

*Congratulations on your very good service to PNAA as President. Thanks for all your help to PNAI.*

*Alma Jaromahum  
PNA Illinois*

*Thank you, Dr. Mary Joy Garcia-Dia, EB, and PNAA Foundation for all your service to the members. It was a great run.*

*Looking forward to great years to come.*

*Cora Marasigan  
PNA Richmond Virginia*





*The Officers and Members of The Philippine Nurses Association of Tampa Bay*

**PNA-TAMPA EXECUTIVE BOARD 2020-2022**



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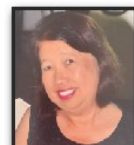
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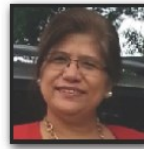
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**Tess Ebrada.**



**Maribel Soriano**



**Liw Villagomeza**



**Ariel Zabala**



Thanks a Million!  
PNAA President Mary Joy Dia for all you've done for PNAA in the midst of the pandemic as you led this organization to its new heights... we learned how to do ZOOM meetings, heard the SPARK stories of our frontline nurses, connected PNAA with other nursing organizations, actively engaged with our communities across the US and the Philippines, advocated for our nurses, increased spirituality through group prayers during COVID, and many more but most of all you showed resiliency and kindness are one of the basic qualities of an excellent leader..  
From,  
PNA Tampa Officers and Members



*Dr. Mary Joy Garcia-Dia:  
PNAA Pandemic President*

By Carmencita Santiago, BSN, RN  
PNA Georgia

Her president's tenure could have been catastrophic,  
With the country having to navigate with the ongoing pandemic,  
The nation on lockdown, unsure of what to expect,  
To an incoming leader full of uncertainty could be hard to predict.

Zoom became the way to hold meetings and conferences,  
Including her inauguration held with virtual audiences,  
PNA under her leadership got more stronger and resilient,  
Her executive board very supportive and shined their experience.

Her mantra of SPARK, Stories of People Achievement, Resilience and Kindness,  
Shepherded all chapters as they navigate thru this hardness,  
Making sure all members are informed, and continued to be engaged,  
She was visionary, tireless, energetic, and dedicated to manage.

Hats off to you! Madam 21st PNA President, Mary Joy Garcia-Dia,  
We salute you for all the accomplishments during your era,  
You are a true champion where PNA continued to sparkle,  
Our profound endless gratitude to a well deserved leader.

## Inside PNAA Editorial Team 2022-2024



### **Editor-in-Chief**

**Bob Gahol, MBA, MPA, MMAS, MSS, BSN, RN  
Western Region**

Colonel (Retired) Bob Gahol served as the Editor-in-Chief of Inside PNAA from 2020-2022 and was asked by new PNAA President, Dr. Gloria Beriones to continue serving as the newsletter's EIC. COL Gahol in the US Army for 23 years and retired in 2018. Prior to joining the Army, he worked at Northwestern Memorial Hospital in Chicago for eight years specializing in Critical Care, Trauma, and Transplant. While in the Army, he was assigned in medical centers and field hospitals in the continental US and overseas and served in a variety of clinical and leadership positions to include as Commander (CEO), Chief Nursing Officer, and Senior Nurse Executive positions. He currently serves as Vice President of PNAA Western Region, and Board of Trustee and Chair of Public Relations Committee with the PNAA

Foundation. He is also actively involved with several professional nursing and community organizations, promoting innovation, advocacy and professional excellence. He previously served as a PNAA Board Member and Vice-President of the PNA Hawaii. He enjoys traveling, golfing, running, skiing, reading and writing. Bob plans to run marathons in all 50 US states and 7 continents.

### **Associate Editor**

**Arlin Fidellaga, BSN, RN, CNOR, CMH  
Eastern Region**

Ms. Fidellaga completed her BSN at Velez College of Nursing in Cebu, Philippines in 1985, and her post-grad Certification in Medical Humanities at Drew University. She is currently pursuing MSN in Nursing Informatics at Thomas Edison State University. She has been an Operating Nurse for most of her 37-year nursing career and is currently working as the Nurse Educator for the Operating Room in Morristown Medical Center for 20 years. She is also a Credentialed Trainer for EPIC OpTime at Atlantic Health System. Aside from her involvement in PNANJ/PNAA, Arlin is also an active member of UHMLA, a surgical mission team who provides pro bono surgery to the economically disadvantaged, and has traveled to Honduras, Guatemala and Peru. She is the creative director and choreographer of the Kasiyahan Dance Troupe which consist of nurse members from PNANJ Morris County subchapter. The group's mission is mainly professional networking and community outreach, while upholding and preserving the Filipino cultural heritage and customs in the United States through the arts of Philippine folk dancing and music. Arlin has received a number of Nurse Excellence awards including PNAA Nurse Educator of the year in 2013 and PNANJ Community Service Nurse of the year in 2016. She is an avid traveler with a goal of visiting another country or two per year, who to date has been to 44 countries and counting. She is happily married for 31 years and a proud mother of 2 professional daughters, a Cardio Thoracic ICU Nurse in NYP Columbia, NY who is currently pursuing DNP for CRNA at Johns Hopkins University and an Occupational Therapist in San Francisco.



### **Associate Editor**

**Teresa Ignacio-Gonzalvo, BSN, RN, MPA  
Eastern / North Central Region**

Ms. Gonzalvo, a retired military spouse, married to Jaime Alvarez Gonzalvo, MAJ USAF (Ret) for forty-three years, is a mother to two amazing daughters, Dr. Monica Therese Deluhery, PsyD and Dr. Jasmine Diane Gonzalvo, Pharm D. A happy and fulfilled Lola, Teresa has four grandchildren, Maleah Ruby and Miles James Deluhery, Apolonia Louise and Araceli Rae Hamm. She gives credit to her alma mater, St. Paul College of Manila, for seventeen years of her well-rounded education, from kindergarten through Nursing. She graduated in 1974 with a Bachelor's of Science in Nursing, garnering the Paulinian Nurse Award for Clinical Efficiency as well as the Most Outstanding Coed for St. Paul College. In 1989,



Teresa graduated with her Master's in Public Administration with a Major in Health Services Management from Golden Gate University in California. She retired in 2017 from Sentara Healthcare, Virginia, as its System Vice President and Nurse Executive for Integrated Care Management. Her previous certifications included CPHQ, ACM-RN and CLNC. She is currently the President-elect for PNA Virginia, Chairs the Constitution and ByLaws Committee as well as the Ethics and Human Rights Committee. Teresa was the previous Chair of the PNAA Ethics Committee (2020-2022). Hailing from Pasay City, Philippines, she believes in paying it forward to her nursing colleagues, nationally and internationally, through her volunteer work. Her literary expertise includes being the Editor in Chief of the Paulinian Yearbook, 1974, columnist and Features/News Editor of her college and high school newspapers. She was selected as the Chair of the Strategic Planning Committees of Senior Services of Southeastern Virginia and of Access Partnership, while serving on their Board of Directors.

**Associate Editor**  
**Velma Yep, DNP, MSN, GNP-BC**  
**Western Region**



Dr. Yep is the current vice president for the PNA of Southern California. She obtained both her DNP and Master of Science in Nursing from the University of California in Los Angeles. She is a nurse practitioner specializing in Internal Medicine and Geriatrics and had been an NP for 20 years. She is the lead nurse practitioner for the medical group and had been part of Pomona Valley Medical Center's Medical Staff. Velma is the immediate past president of the California Association for Nurse Practitioners Inland Empire chapter and an active lobbyist of CANP in the California State capital. She is also a member of Sigma Theta Tau International Honors Society. For fun, Velma loves to travel with her husband, snorkel, kayak, hike, and jog with her dog. Loves wine and beaches. She has two adult sons and hopes to be a grandma someday.



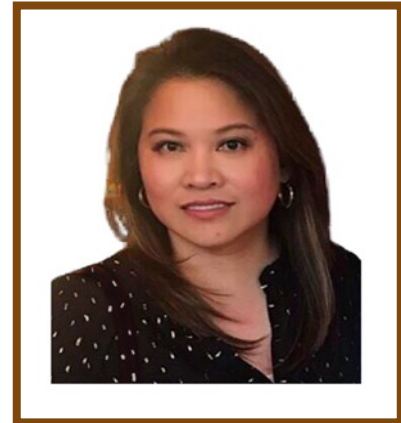
**Associate Editor**  
**Alicia Tullo, MSN, RN, CPC**  
**South Central Region**

Ms. Tullo is the current President of the PNAACF (Florida) and serving as a board of Trustee for the PNAAF. Prior to becoming the president, she served as chair in various committees. In her 50 years as a nurse, she has worked as a Nurse Manager in medical surgical unit and as a Nurse Educator at Mount Sinai Medical Center in Florida where she developed a 5-day Leadership Development Program; was a founding co-editor of the Hospital Newsletter and served as a Board of Director of the Young President's Club (hospital) Day Care Center. Alicia was Inducted to the *Sigma Theta Tau* Honor Society in Nursing in 1987. She then moved to John F. Kennedy Memorial Hospital in Palm Beach, Florida to be a Director of Nursing Services prior to relocating with her husband to Iowa. There she opened a medical billing company and operated it with seven employees serving four hospital radiology departments and two medical clinics. As a medical billing expert, she served as a certified physician practice consultant. As a citizen, she served as a Board of Trustee for the YMCA, Community Nursing Services and the Chamber of Commerce while also serving as Eucharistic Minister, lector, and Summer Camp Director for her local church. When they returned to Florida, she and her husband opened a free-standing breast imaging center and served as a certified clinical breast specialist and administrator. Upon closure of the facility in 2010, Alicia became a Program Director and Professor at Everest University in the B.S. in Healthcare Administration and Medical Billing and Coding Associates Degree Programs. In 2017, she served as Program Director and professor for Allied Health programs at Remington College. She retired in 2021 but continues to serve in local organizations in her community. She has a strong working relationship with several Asian American organization. As a leader in her community, she was recognized and was presented a Congressional Record which was read by Honorable Darren Soto of Florida

during the 117<sup>th</sup> Congress, First Session in Washington, D.C. on May 19, 2022. Alicia is a published author and an active contributor to inside PNAA as well as the *Tambuli*, the PNACF's newsletter which she helps manage to keep it current for her chapter members.

**Adviser**  
**Carol Manilay-Robles, BSN, RN, DNS-CT, RAC-CT**  
**Eastern Region**

Ms. Robles is the President of PNA Metropolitan DC, where she leads a group of dynamic and dedicated members with the mantra, "Be the LIGHT" (Lead with Innovation, Grit, Humility, and Transparency). She has been the PNAA Communications and Marketing Committee Chairman since 2018. She also served as the Editor-in-Chief of inside PNAA in 2018 under the term of PNAA President Dino Doliente III and as layout artist/consultant from 2018-2020. Carol is a recipient of multiple PNAA awards and is thankful for the opportunities given to her. She is thrilled to be an adviser for inside PNAA. Ms. Robles works for Vinson Hall Retirement Community, a non-profit continuing care community located in McLean, VA for the retired military.



**Adviser**  
**Peter-Reuben Calixto, BSN, RN, CNN**  
**Western Region**

Mr. Calixto is the 11th PNAA President. He is a kidney transplant coordinator at the San Francisco Veterans' Affairs Medical Center after retiring as a Clinical Nurse III at the Transplant Unit of the University of California, San Francisco Medical Center. While with UCSF, he was a member of the UCSF Medical Center's Nursing News editorial board when it first came out as the nursing service's newsletter in the 1980s. He also has chaired several hospital-wide committees like Professional Development Council up until UCSF gained its magnet status and the Patient Education Committee. He is actively involved with the American Nephrology Nurses Association (ANNA) where he served as an elected Chapters' Coordinator for two terms and as a peer reviewer of the Continuing Education Approval Board, the ANCC approver unit of ANNA. With the PNAA Foundation's establishment during his PNAA presidency, he has served as its vice president, executive director and the chair of the PNAAF Continuing Education Provider unit. He currently serves as a member of the Executive Advisory Council of Nurse.com since 2006. He has participated as co-author of various articles to Nursing Outlook, the ANNA Journal and Nursing Clinics including the initial edition of Continuing Education Manual for Providers published by ANNA. He is also a current member of Sigma Theta Tau International.

**Adviser**  
**Ariel Zabala, MN, RN, CEN**  
**South Central / Western Region**

Mr. Zabala served as the editor-in-chief of insidePNAA 2018-2020. His involvement with newsletters started when he was in 4th Grade and continued during his high school as the editor-in-chief of his school's newsletter. He is a National Schools Press Conference alum, the highest competition for journalism for both private and public elementary and secondary schools in the Philippines. He had a short stint as a junior staffer in college so he can concentrate in earning his nursing degree. After graduation, he served as the editor-in-chief of the official newsletters of the Philippine Nurses Association (PNA) National Capital Region Zone 1 Manila, Operating Room Nurses Association of the Philippines, and PNA of Tampa Bay. Ariel is excited to join the award-winning inside PNAA team as one of the advisers.





### **Who are we?**

WellSpring Home Health Care understands the importance of personalized care, reliable caregivers, and a highly qualified, multi-disciplinary team of professionals that will "go the extra mile" to ensure the health and well-being of our patients. We care deeply about helping our patients achieve the highest level of independence in their day-to-day activities, and are committed to working closely with your primary care physician, family members, and our team of skilled caregivers, to coordinate the highest quality treatment and follow-up home care in Anchorage, Eagle River, Wasilla, Sutton, Palmer and all of the Mat-Su Valley.

### **What are we looking for?**

#### **A Registered Nurse to join our professional team!**

#### **A Day in the Life:**

To provide nursing care in accordance with the patient's plan of care to include comprehensive health and psychosocial evaluation, monitoring of the patient's condition, health promotion and prevention coordination of services, teaching and training activities, and direct nursing care.

1. Coordinates total patient care by conducting comprehensive health and psychosocial evaluation, monitoring the patient's condition, promoting sound preventive practices, coordinating services, and teaching and training activities.
2. Performs admission Oasis, transfers, re-certification, resumption of care, and discharge OASIS for the home care patient.
3. Consults with the attending physician concerning alterations of Patient Care Plans, checks with the appropriate supervisor, and makes changes, as appropriate.
4. Submits clinical notes no less often than 24 hours a day, and progress notes and other clinical record forms outlining the services rendered as indicated
5. Participates in case conferences, discusses with the supervisor problems concerning the patients and how they may best be handled
6. Discusses with the appropriate supervisor the need for the involvement of other members of the health team such as the HHA/CNA, the Physical Therapist, the Speech Therapist, the Occupational Therapist, The Medical Social Worker, etc.
7. Participates in the patient's discharge planning process
8. It will be requested by the Director of Clinical Services to fill in for the other nurses who are on vacation or sick leave.



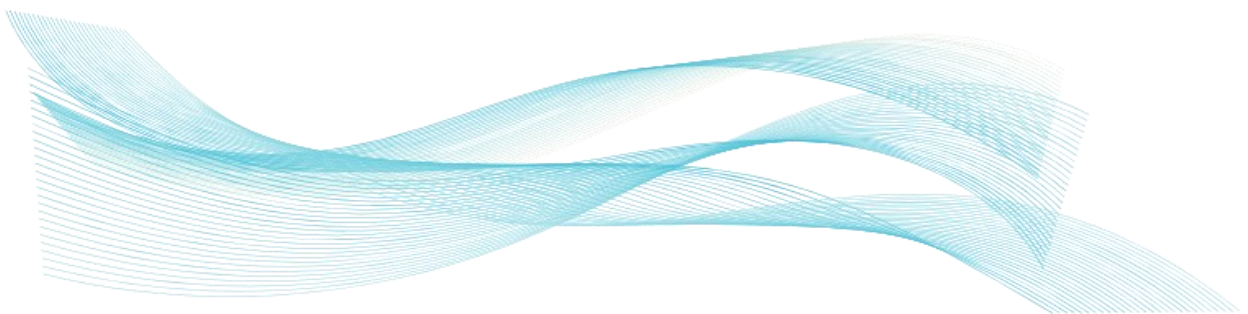
- Must be a graduate from an accredited School of Nursing and Alaska State license as a Registered Nurse.
- Must have 3 years of experience in home health nursing and be well versed in providing an initial and ongoing comprehensive assessment of the patient's needs including Outcome & Assessment Information Set (OASIS) assessments.
- Skillful in organization and principles of time management with knowledge of management processes.
- Must pass a criminal background check, drug screening, fingerprinting, and have CPR certification/Immunization record up to date, including TB.
- Must be willing to drive to all job locations Anchorage and All Mat-Su Valley, Eagle River, Chugiak, Sutton & North Willow.
- Must have a valid Driver's License/valid auto insurance with a clean driving record.
- Must be a great Team player.

### **Is this you?**

- The desire to make a difference in others' lives by providing quality care
- The desire for a rewarding and fulfilling position
- Flexible schedule when working in the field
- Seeking competitive pay/Benefits: Health, dental, vision, 401k & more.

For more information or to apply for this position, please visit :

<https://www.wellspringhomehealth.com>







## PNAA CAREER CENTER

# Montefiore

## RN and LPN Opportunities

# JOIN OUR TEAM

For the complete position description, please visit:  
<http://careers.montefiore.org/>



Exciting RN and LPN Opportunities at Montefiore  
Come join our team... APPLY TODAY!

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# PNAA CAREER CENTER



**Faculty Position  
Director of Research Operations**

**JOIN OUR TEAM**

For the complete position description, please visit:  
<https://uab.peopleadmin.com/postings/11861>



The School of Nursing at the University of Alabama at Birmingham (UAB) invites applications and nominations for a Director of Research Operations faculty position.

The University of Alabama at Birmingham  
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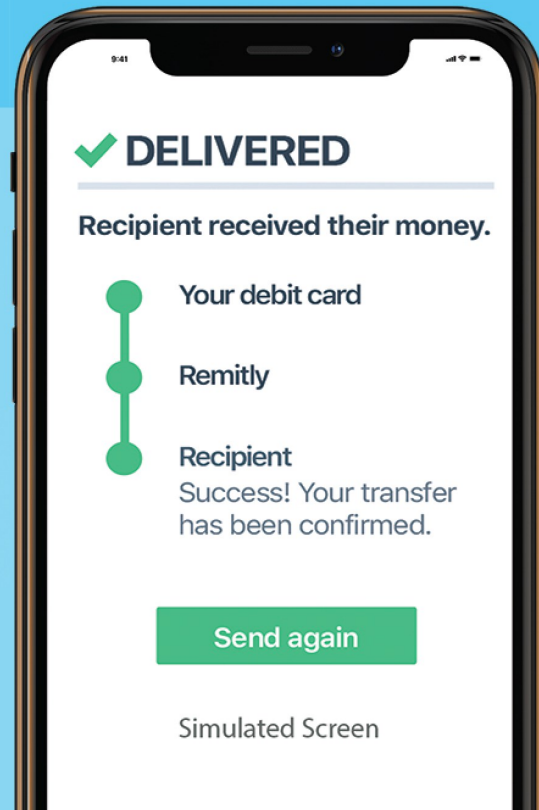
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# 43<sup>rd</sup> PNAA National Convention Highlights

By PNA New York

*Day 1 Wednesday July 6*



The PNAA Executive Board held its meeting during morning and the regional meetings were held in the afternoon. The Committee chairs gave their final reports to the outgoing Executive Board. Decisions were made to review items requiring closure, before turning over to the new administration. Towards the end, Dr. Mary Joy Garcia-Dia recognized her executive board and committee chairs for their dedication during her two-year term.



## Welcome Night

Welcome Night and was open by invitation only to the Philippine Consulate. Consul General **Elmer Cato** welcomed delegates and attendees to Welcome Night in Kalayaan Hall. The guests were served a buffet of great Filipino food was served for dinner. This was followed by a screening of the documentary, *Nurse Unseen*. Since the documentary in production, the director was able to show a 20-minute cut from film. The film documents the migration of nurse to the United States and highlights the journey of nurses in the United States. Several PNAA members were featured in the film and there was a panel discussion which included Michele **Josue** (Director, Producer, Lead Editor), **Kim Villamer**, PNA New York and **Leo-Felix Jurado**, Past PNAA President. The film is still in production and if you would like to donate to this documentary, follow this link: <https://www.nurseunseen.com/support>





## *Day 2 Thursday, July 7 - Leadership Institute*

PNA New York strived to create a convention that would be worry-free and exciting for all the attendees. With the uncertainty of the pandemic, the planning committee estimated attendees to be capped at around 200 for various programs. However as more and more cities relaxed their COVID guidelines the planning committee also adjusted the number of attendees.





The morning session started with a **Dr. Ninotchka Brydges** who is the PNAA Accredited Provider Program Director delivered the ANCC disclosure. Warly Remegio, PNA New York President delivered the welcome remarks and introduction. PNAAF President **Nancy Hoff** delivered the PNAAF report and 21<sup>st</sup> PNAA President **Mary Joy Garcia-Dia** welcomed delegates and guests to the national convention and provided a PNAA update. **Wilhelmina Manzano**, Group Senior Vice President/ Chief Nursing Executive / Chief Operating Officer Perioperative Services, NewYork-Presbyterian delivered the keynote address, and she recounted her journey from the daughter of a nurse to her college years at NYU then to her current position.

A panel discussion, *SPARK Stories: Filipino Men in Nursing* was moderated by **Rex Daniel Lomboy**, System Executive Director, Providence Health System. The panelist shared their stories of professional and personal growth: **Dan Lovinaria**, Program Director and Clinical Assistant Professor, Nurse Anesthesia Program University of Minnesota, **John Rich R. Levine**, Learning and Development Executive, Common Spirit Health, **Ren Capucao**, Doctoral Student and Graduate Research Assistant, University of Virginia, **Michael Joseph Dino**, Director for Research, Development, and Innovation Center, Our Lady of Fatima University. A non-CE lunch and learn program was offered by the convention sponsor, Neurocrine Biosciences on Movement Disorders.

The afternoon session began with a Leadership Workshop led by **Aaron Lee**, Coach, GIANT Leadership, New Generation Leader. This was followed by a presentation of the iLDP scholars, which **Manny Ramos** facilitated and the iLDP Fellows. The clinical lecture series began with an introduction by **Riza V. Mauricio**, Chair, PNAA Practice Committee of the topics: *Humanizing Artificial Intelligence* by **Garry Brydges**, Chief Nurse Anesthetist and Director of Anesthesia, MD Anderson Cancer Center; *The Convergence of Technology and the Life Sciences* by **David E. Goel**, AB, Co-Founder and Managing General Partner of Matrix Capital Management/AyurMaya and *Using Mobile Health to Empower Caregivers, Reduce Fragmentation in Health Care, and Strengthen Community-Based Care of Older Adults* by **Tina Sadarangani**, Assistant Professor, NYU Rory Meyers College of Nursing

## Poster Presentation



The conference allowed researchers to share with studies with PNAANatCon43 attendees. The top four abstracts for podium presentations were conducted on July 8, 2022 were the following: *Economic Impact of COVID on Frontline Nurses*, **Mary Anne Gallagher** with co-authors: **Linda Millenbach, Frances E. Crosby, Jerome Niyirora, Kathleen Sellers, Rhonda Maneval, Jennifer Pettis, Noreen B. Brennan, Nancy Michela, Deborah Elliott**. *Moderating Effects of Social Support and Spirituality on the Relationships between COVID-19 related Stressors and Well-Being among Filipino Nurses* by **Meriam Caboral-Stevens**, with co-authors: **Marty Raymond, Laarni Florencio, Maria Rosario Sim, Brigitte Cypress, and Lorraine Evangelista**. *Filipino American Patient-Centered Outcomes Research (FAPCOR) "Nayon" Network: Community Partnerships for Filipino Health* by **M. Danet Lapiz Bluhm**, with co-authors: **Melinda Bender, Katherine Abriam Yago, Rudy Ascercion, Marianela Jacob, Rizalina Gina Lardizabal, Pamela Windle, Shela Ecobiza, Persephone Vargas, Veronica Lavarro, Mary Joy Garcia-Dia, and Lisa Santos**. *Implementing and Evaluating an Evidence-based Antibiotic Stewardship Policy/Protocol in a Long-Term Care Facility*, by **Katrina Cudal**.



Past PNAAG Grant Recipients were the following: **Kathleen Begonia** for *Evaluating Usability of Health-related Websites by Filipino-American Adults and Nursing Informatics Experts* and **Mary Dioise Ramos**, *Filipino American Caregivers Health and Social Engagement*. The 2022 Grant Recipient is **Jamille Nagtalon-Ramos** for *Contraceptive Understanding Among Filipino American Women of Reproductive Age*.



Poster presentations were held over two days, July 7<sup>th</sup> and July 8<sup>th</sup>. On July 7, 2022, the following poster presentation were displayed: *Analysis of Gratitude Documents of Nurses' who Received COVID-19 Emergency Grants* by **Mary Anne Gallagher**. *Nursing Research Self-Efficacy at an Academic Medical Center* by **Ian B. Kirit** with co-authors: **Elizabeth B. McGrath**, **Heather Blunt**, and **Colleen Whatley**. *Best Practices in the Care of Transgender Patients* by **Jose Delfin D. Castillo III**. *System Wide Practice Change on Improving Blood Culture Volume Collection* by **Grace Phan** with co-authors: **Nena Bonuel**, **Herbert Ortiz**, and **Kevin McFarlane**.

On July 8, 2022, the following poster presentations were displayed: *Improving Intravenous Pump-Induced Errors* by **Nena Bonuel**, with co-authors: **Herbert Ortiz** and **Grace Phan**. *Lesbian Gay Bisexual Transgender and Queer Health Care Experiences in a Military Population* by **Pedro N. Oblea, Jr**, with co-authors: **Ashley R. Adams**, **Joshua S. Hawley-Molloy**, **Terry A. Badger**, **Amanda R. Witwer**, **Kimberly F. Balsam**, and **Joel K. Cartwright**. *"Shoot it once you get it!": A Rapid Process Improvement Initiative to Reduce Rate of Hemolysis and Turnaround Time in the Emergency Department* by **Patricia Punzalan**, with co-authors: **Richard Canlas**, **Aida Cales-Rivera**, and **Mike Tsepukh**. *Experiences of Filipino Americans with Type 2 Diabetes Mellitus on Self-Management During the COVID-19 Pandemic: A qualitative study* by **Rey Paolo Ernesto Roca III** with co-authors: **Dante Anthony Tolentino**, **Joey Yang**, **Josephine Itchon**, and **Mary Byrnes**.

## *Networking Night*

In setting the mood for networking, the Networking Night committee: Chairs **Maia Santarina** and **Aubrey May Agcon**, co-chair ER VP **Victoria Pike**, and committee members **Adrian Artista**, **Liesel Vince Cruz**, **Femarie C. Bedona**, **Nora Ruth Eusebio** and **Quimberly Villamer** and the advisors **Leonila Navarro-Mariazeta** and **Ma. Carmen J. Meliton** transformed the event space into a magical Cabaret. The theme for Networking Night was *A Show on Broadway*. PNA New York members and volunteers were dressed in the style of the roaring 20s. Each table was assigned the name of Broadway shows. At every convention, an attendee is certain to laugh during Networking Night and this night was even more magical – to be on Broadway in the cross-roads of the world. As attendees entered in their best Broadway outfits, they walked a red carpet and were photographed.



The program began with the endearing Parade of PNA Chapter Banners organized by **Peter-Reuben Calixto**, 11<sup>th</sup> PNA President. It is a great tradition to see the banners for each PNA Chapters and one could sense the pride as each Chapter names were called. The Invocation was done by **Reynaldo Rivera**, PNA 16<sup>th</sup> President. The National Anthems were sung by **Sheena Santos**. 22<sup>nd</sup> PNA President **Mary Joy Garcia-Dia** delivered the Welcome Remarks. The Masters of Ceremony were **Quimberly Villamer** and **Pres Lorenzo**. A memorable part of the evening was the entertainment provided by Filipinx-American Broadway performers: **Lora Nicolas Olaes**, **Carla Mongado**, **Jerome Amanquiton** and **Morris Montilla**. The crowd requested an encore, and they were serenaded with showtunes. It was truly magical.

The highlights of Networking Night are the Regional Presentations by Western Region and by the North and South Central Regions. A special number was performed by the PNA/PNAAF Executive Board and Advisory Council. Skits were performed by the PNA Regions: NCR and SCR teamed up to present *Les Misérables* advocating for the end of gun violence, Western Region performed from *Dream Girls*, and the Advisory Council paid homage to Cabaret. The Eastern Region capped the night with their version of *Mamma Mia*, which got all the attendees to join in the dance. Awards Presentation for the PRIDE Awards were distributed by **Bob Gahol**, Editor-in-Chief of Inside PNA and the Scholarship Awards were distributed by **Maricon Esteban**. After a night of dancing and award presentations, **Laarni Florencio**, PNA NY Vice President said the Closing Remarks. This was a memorable event and PNA New York members enjoyed themselves thoroughly by dancing and laughing their stresses away.

## *Day 3 Friday, July 8*

After a night of levity and networking, convention started early on Friday at 8:00 AM with the First Time Attendee program and the Nursing Informatics Session.

### *First Time Attendees*

**Pete-Reuben Calixto** organized the First Time Attendees program, which was held before the beginning of the Education Day. Video with greetings from past PNAA presidents was played for the first-time attendees welcoming them to the convention. First time attendees were asked to introduce themselves. The three PNAA presidents from PNA New York, **Rosario-May Mayor**, **Lolita Compas**, and **Reynaldo Rivera** gave a gift to the first-time attendees. For those attending the first time, it was a great feeling to be part of organization that is welcoming and supportive.



### *Nursing Informatics Session*

The Nursing Informatics Session was moderated by Joni-Lynn Lopez, Nursing Clinical Analyst at Memorial Sloan Kettering Cancer Center



## Education Day

The registration team was ready for education day. They ensured that participants were able to enter the room. Any issues that arose were resolved at the registration desk. The process of ensuring that delegates wore their wrist bands and presented their meal tickets ensured that breakfast and lunch flowed smoothly and that entry to the educational program was hassle free. Friday was a long day for attendees with a sunrise session for nursing informatics, first time attendee recognition and educational program that extended to the evening. The hotel also helped to display the event the venue settings onto their display monitors located on floor. The situation room for the convention remained on a separate floor where equipment and supplies and equipment were stored. This room was necessary for the teams to store items at the end of each session. As education day ended, there were not events scheduled. Delegates and their guest took advantage of this time to meet with their friends, tour the city or watch a Broadway show.



**Emerson E. Ea**, Education Chair, Philippine Nurses Association of America began the education program with the ANCC disclosures and welcome remarks. President **Mary Joy Garcia-Dia** provided the State of PNAA Report address and provided a summary of her presidency during the pandemic. **Pamela F. Cipriano**, President, International Council of Nurses delivered the Key-note Address. **Dr. Peter Jay Hotez**, Dean of the National School of Tropical Medicine, Professor of Pediatrics and Molecular Virology and Microbiology, Baylor College of Medicine, Co-Director, Center for Vaccine Development, Texas Children's Hospital delivered *Planning for the Next Pandemic*. A Panel Discussion, *SPARK Stories: The Journey and Achievements of Accomplished Filipinos Nurses* moderated by **Emerson E. Ea** included nurses from various backgrounds: **Sunny G. Hallowell**, Assistant Professor, Villanova University, College of Nursing, Fellow, Leonard Davis Institute of Health Economics, University of Pennsylvania, **Joyce Trompeta**, Assistant Adjunct Professor UCSF, Department of Surgery, School of Medicine, **Leorey N. Saligan**, Acting Chief, Symptom Science Center Principal Investigator, Symptom Biology Unit, Division of Intramural Research National Institute of Nursing Research and **Lorraine Evangelista** Associate Dean of Research, School of Nursing, BHS 514 University of Nevada, Las Vegas.

The afternoon session began with *Panel Discussion: Innovations in Clinical Practice* moderated by **Dr. Reynaldo Rivera**, Director of Nursing Research and Innovation, NewYork-Presbyterian Hospital and the panel included **Kenrick Cato**, Nurse Researcher/Assistant Professor NewYork-Presbyterian Hospital / Columbia University School of Nursing, **Paul Coyne**, Senior Vice President/Chief Nurse Executive Hospital for Special Surgery and **Larissa Africa**, President and CEO, Versant. **J. Corey Feist**, Health Care Executive and Co-Founder of the **Dr. Lorna Breen Heroes' Foundation** spoke about Emotional Health and Well Being

**Dr. Gloria Beriones**, 22<sup>nd</sup> PNAA President presented her strategies for her term, Visioning PNAA 2022-2024. The day ended Dr. Ninotchka Brydges reviewing CE Evaluation. **Sigrid Ladores**, Research Committee Chair Philippine Nurses Association of America PNAA Research Poster Presentation.



## Day 4 Saturday, July 9 5K Wellness Challenge

The resilience of the planning organizers and volunteers were truly tested on Saturday, July 9<sup>th</sup>. Saturday was a busy day beginning at dawn with the 5K Wellness Walk. The 5K Wellness Walk was kicked began in Times Square outside the hotel to Columbus Circle and winding itself through Central Park and back. It was great to be out in Times Square early in the morning with no crowds around and watching the video displays it seemed very peaceful and serene a group of marchers walk to Central Park guided by PNA New York volunteers headed by **Susan Gador** and **Dr. Priscilla Sagar**.





## General Assembly

After delegates and guests returned from the 5K Wellness Walk, the registration team prepared to let active PNA enter the General Assembly. **Femarie Bedona** oversaw the General Assembly delegate seating. She and her team ensured that each region was seated in the appropriate location. A cadre of volunteers helped to count the number of active PNA members. A roll call was conducted several times throughout the General Assembly session and there were six resolutions that the delegates voted to pass.



In addition to the resolutions, the delegates voted on the venue for the 45<sup>th</sup> PNA National Convention in 2024. PNA Metro Houston and PNA Southern California both presented their bids. The delegates selected PNA Southern California to be the host of PNA NatCon45. Recognition awards were given by the Membership Committee and the PRIDE awards were given for outstanding newsletter and writers. **Mary Joy Garcia-Dia** also presented recognition awards to individuals for their commitment to PNA. After the end of the awards, the Gala team had two hours to transform the General Assembly area into a ballroom for Induction and Awards.



## Induction of Officers, Awards and Gala Night

The Masters of Ceremony were **Dan Lovinaria** and **Vernie Bacolot**. **Quimberly Villamer** sang *Lupang Hinirang* and the *Star-Spangled Banner*. **Lolita Compas** delivered the invocation. PNA New York President **Warly Remegio** welcomed the attendees to the Big Apple. **Elmer G. Cato**, Consul General, for the Philippine Consulate New York extended his greetings. Nursing living legend **Joyce J. Fitzpatrick** was the keynote speaker. **Mia Isabela Remegio** sang *Empire State of Mind* and **NJ Chapter members**: **Arlin Fidelaga**, **Ruth Alea**, **Meriam Canares**, **Arlene Azores**, **Nini Jurado**, **Arbie Ramos**, **Marley Nicholas**, **Grace Vickerie**, **Elaine Magat**, **Susan Castor**, **Hazel Bambalan**, **Jessa Manalastas**, **Lalaine Genuino**, **Eileen Espiritu**, **Mary Grace Ong**, and **Sally Dela Merced** performed a number from *A Chorus Line*. Nursing Excellence Awards were given by **Leli Pedro Drake** were given to **Ellen Arigorat**, **Jennifer A Orbeso**, **Rebecca Graboso**, **Meriam Caboral-Stevens**, **Jade Borromeo Flinn**, **Catherine Rubio** and the **Daisy Award** was given to **Team PNA Maryland**.



The Gala team had to work quickly to transform the venue into a magical setting in two hours! During the morning, the team continued to review the seating arrangements. Initial planning for the gala allowed a maximum of 200 guests. As interest in the gala grew, the number of gala seats increased to 380. The organizers were able to accommodate the guests. Seating arrangements is always a challenge to party organizers and by working together they were able to seat guests as best as they could.

The decorations arrived timely, and the decoration team headed by **Maia Santarina** and **Liesel Vince Cruz** along with all the gala committee members and chairs who worked tirelessly. The Ways and Means committee ensured that that they were able to provide a space that was glitzy and glamorous. The ballroom was beautiful – a fitting tribute to end of Dr. Mary Joy Garcia-Dia’s term the start of Dr. Gloria Beriones’s term. The doors opened at 6:30 PM and guests were lined outside and upon entry they were greeted by PNA New York chapter members.







The officers were inducted by two past esteemed PNAA presidents, **Phoebe Andes**, and **Clarita Miraflor**. **Remia Lamela** and **Cecilia Lamela Alalay** introduced their sister **Dr. Gloria Lamela Beriones** as the next PNAA president. She presented the President's Vision: *We Care. Our United Voices. Wisdom, Excellence, Collaboration, Advocacy, Respect. Equity.*

The Nightingale Lamp Bequeathal Ceremony provided a touching end to the night with the hand-over from PNA New York to PNA Central Florida as the host of the 44<sup>th</sup> PNAA National convention. The closing remarks were made by Eastern Region VP **Victoria A. Pike**.



Dr. Mary Joy Garcia-Dia delivered her outgoing message, and she gave Presidential Awards. A sablay was given to Dr. Garcia-Dia in recognition of her role as past president and Dr. Gloria Beriones shared the resolution of PNAA recognizing the leadership and work of Dr. Garcia-Dia during her term. A group photo of Dr. Garcia-Dia with past PNAA presidents was taken to memorialize this event. It was wonderful to see them with their sablays.









## Day 5 Sunday, July 10 Sunday Mass

After almost a week of convention activities, it was time to gather and give thanks. Before delegates and guests bade farewell to the convention, a mass was offered at the Church of the Holy Cross on 42<sup>nd</sup> Street between 8<sup>th</sup> and 9<sup>th</sup> Avenues. **Fr. Erno Diaz** officiated the mass. PNA New York offered their thanks for the safety and well-being of convention attendees. After mass, PNA New York provided a light meal of Jollibee, rice, fruit, and water. For the Thanksgiving mass, the donors include several people, **Leonie Mariazeta, May Mayor, Betty Pacis, Lolita Compas, and Carmen Meliton** which covers the expenses for the flowers, church, priests, and breakfasts from Jollibee. With an overwhelming response of attendees, a second trip was made to Jollibee to ensure that all mass attendees received a meal.



After almost three years since PNA New York made won its bid to host a PNA National Convention in Atlanta, GA, PNA New York was proud to be the host of the 43<sup>rd</sup> PNA National Convention. The PNA New York team in collaboration with PNA and PNAAF was able to host a memorable convention. This convention showed the resiliency of PNA New York members and they never wavered to meet their goal -- to host best national conventions ever!



## PNA New York's National Convention Journey

By PNA New York



On July 27, 2019 at the 40<sup>th</sup> National Convention in Atlanta, Georgia, PNA delegates chose PNA New York to host the 42<sup>nd</sup> PNA National Conference in 2021. PNA New York delegates were excited to host the convention after more than 20 years. The PNA New York delegates shared news of their triumph with the membership. PNA New York was ready to host the 42<sup>nd</sup> PNA National Convention in July 2021. Later in the year, the planning committee had selected the Hyatt as the venue of the convention.

As the world welcomed 2020, news of a respiratory virus from China and its spread to other parts of the world led to disruption of international travel. PNA held its international conference in Manila in January 2020. Countries began enforcing strict travel bans in January and February. New York had its first reported COVID case reported on March 1, 2020. Within two weeks, many offices closed and workers found themselves working from home. The world faced a pandemic. Unemployment soared as many businesses closed. However, essential workers such as nursing and other health care professionals, civil servants, and grocery clerks were in demand and they continued to work. The World Health Organization declared the COVID-19 outbreak a pandemic on March 11, 2020. During April 2020, New York accounted for 25% of COVID deaths in the United States. Healthcare workers (HCW) were deemed essential workers. Therefore, they had to work to care for the surge in COVID-19 cases.

In April 2020, the PNA Executive Board announced that the 41<sup>st</sup> PNA National Convention in San Diego would not meet in person but instead would be held virtually. This decision was based on CDC guidance at that time. The pandemic forced PNA to consider a virtual alternative to in person meeting. This was a prudent decision to have the convention held remotely.

The 41<sup>st</sup> PNA National Convention was held virtually from July 1 to July 5, 2020. Participants who had reserved hotel rooms and sessions received refunds. Instead of onsite registration, PNA offered virtual registration fees. Although, delegates were unable to meet, the convention was now accessible to any PNA members regardless of their location. Fortunately, PNA San Diego was able to receive a refund for its deposit. The virtual national convention was successful. In preparation of the convention, all events were virtually including the induction of the 23<sup>rd</sup> PNA President Dr. Mary Joy Garcia-Dia was historic. A monthly prayer group convened by 14<sup>th</sup> PNA President **Rosario-May Mayor**, which was started at the height of the pandemic now included prayers for a successful convention.

As the pandemic progressed, it became quite apparent that PNA New York would not be able to host the 42<sup>nd</sup> PNA National Convention. PNA New York approached PNA New England to inquire if PNA NE would be willing to switch hosting responsibilities. PNA New England graciously accepted to host the 42<sup>nd</sup> PNA National Convention in Westwood, Massachusetts from July 21 to 25, 2021. PNA New York was very grateful to **PNA New England** for hosting the convention. To show its support to PNA New England, PNA New York members assisted PNA New England and its President **Lozel Greenwood** during the hybrid PNA National Convention. The PNA New York Executive Board in consultation with its legal advisor **Ruben Seguritan** and with the PNA Executive Board accepted that PNA New York would host the 43<sup>rd</sup> PNA National Convention in 2022 instead of 2021. Through most of 2021, there was uncertainty about CDC pandemic protocols related to the hosting events hence the 42<sup>nd</sup> PNA National Convention was hybrid, with a capacity of 100 in-person attendees.

## Planning Meetings

Planning for PNA National Convention began in August 2021 with the selection of the hotel. The pandemic made it difficult for the planning committee to select venues because many hotels were closed. A primary concern for the planners was funding the convention in New York City, one of the most expensive cities in the world. The PNA New York team was determined to hold the convention in an accessible Manhattan neighborhood. Hence the New York Marriot Marquis at Times Square was selected.

Once the location was selected, the PNA New York team was able to plan the venues for the 5K Wellness Walk in Central Park, the Welcome Night reception at the Philippine Consulate, and Sunday mass at the Church of the Holy Cross. All convention activities would occur at the New York Marriott Marquis.

A timeline drafted by Dr. Garcia-Dia was used to track milestones and deliverables from each committee. The timeline was based on the 40<sup>th</sup> and 42<sup>nd</sup> PNA National Conventions schedule. The planning committee was aware that COVID-19 pandemic rules would remain in effect and could greatly affect the attendance of the convention. As the planning began in the 1<sup>st</sup> quarter, it was impossible to predict events the outcomes in July. The meetings started in earnest during February 2022, after the end of the international conference. It was challenging to conduct planning meetings because the PNA Executive Board was involved with the international conference.

The planning committee was composed of PNA and PNA NY members who met weekly every Friday night from February 11, 2022 until June 30, 2022 and meetings usually ranged from one hour to 2 hours depending on issues discussed. "Our Collective Spark" was selected as the theme for the 43<sup>rd</sup> PNA National Convention, which is a culmination of Dr. Mary Joy Garcia-Dia's term, Spark.

## Roles and Responsibilities

PNA New York under the leadership of its President **Warly Remegio** created the roles and responsibilities for the PNA New York team to work in conjunction with the PNA team.

Various committees were formed and foremost was the Education Committee chaired by PNA New York member **Emerson Ea** and co-chaired by **Laarni Florencio**. The Education Committee worked to create a program for Leadership and Education Day to provide empowerment, inspiration, and tools that a nurses can use in their professional career. They assembled timely and noteworthy topics and expert speakers for education. **Ninotchka Brydges** worked tirelessly to ensure that the program met ANCC guidelines.

The PNA New York Ways and Means committee worked long hours to plan the Welcome Night, Networking Night, General Assembly and the Gala. They were able to provide a wonderful setting for the Networking Night and the Gala. PNA New York is fortunate to have a creative team. The education committee head oversight of the leadership program and education program.

The Marketing team developed awareness strategies through social media. **Carol Robles** created the convention brochure and **Davy G Diongson** created the PNAANatCon43 logo. The website team was prepared to launch the PNAANatCon43 registration page in April as the North Central Region conference registration ended. Registration was handled electronically. As host of the 43<sup>rd</sup> PNA National Convention, PNA New York was responsible for planning, implementing, and supporting every aspect of PNAANatCon43. PNA New York members designed the program agendas, souvenir journals, and working with the Marriott team. The New York team oversaw the registration tables and monitoring of events.

The planning committee worked diligently to ensure that registration and session fees were reasonable. To ensure that fees were reasonable, the planning committee sought sponsorships for various sessions such as networking night. PNAF and PNAAF provided monetary support for some sessions. A substantial expense for the convention was for AV Tech Support. The revenue sources for the convention relied on: registration fee, sponsorship payment, journal advertisements, grants and subsidies from PNAAF. PNAF Treasurer **Janet Cuaycong** reviewed expenses and income daily; she spent long hours daily to monitor expenses and reviewing the registration list. The planning committee relied on the treasurer's reports to monitor attendance. Team members were able to accomplish these tasks in addition to work commitments.

Initially, attendance for each session was capped at around 100 based on current COVID-19 restrictions. As the convention drew closer the number of attendees increased and adjustments had to be made in terms of capacity and seating arrangements for each event. Increase in sessions ranges from 50% to almost 100% for some sessions. With the increase in attendances, the planning committee revised the number of people to be fed for each day. The number of hotel rooms were also adjusted to accommodate the increase in registrants. The hotel was sold out and registrants were asked to book their own accommodations at nearby hotels.

Overall Chairman	<b>Dr. Mary Joy Dia</b>
National Chairman	<b>Dr. Warly Remegio</b>
Chair of Operations	<b>Janet Cuaycong, Laarni Florencio, Carmina Bautista, Dr. Gloria Beriones, Lolita Compas</b>
Chair of Finance	<b>Jacqueline Schuster, Carmina Bautista</b>
Committee Chair/Co-Chairs	Chair: <b>Emerson Ea</b> , Co-Chair: <b>Laarni Florencio</b> Advisors: <b>Vernie Bacolot; Reynaldo Rivera; Ninotchka Brydges</b>
Marketing	<b>Carol Robles, Davy G. Diongson, Ma. Carmen Meliton</b>
Registration	Chair: <b>Janet Cuaycong</b> , Co-Chair: <b>Aubrey May Agcon</b> Members: <b>Davy G Diongson, Mary Joy Dia, Bob Gahol</b>
Exhibitors / Sponsors	<b>Jacqueline Juele-Schuster / Carmina Bautista</b>
Networking Night	Chair: <b>Aubrey Agcon/Maia Santarina</b> Co-Chair: <b>Victoria Pike</b> <b>Adrian Artista, Liezel Vince Cruz, Femarie C. Bedona, Nora Ruth Eusebio and Quimberly Villamer</b> Advisors: <b>Leonila Navarro-Mariazeta and Ma. Carmen J. Meliton</b>
General Assembly Meeting	Chair: <b>Femarie Bedona</b> , Co-Chair: <b>Joy Bautista</b> , Advisor: <b>Lolita Compas</b>
Welcome Night/ Broadway Night	Chair: <b>Nora Eusebio, Adrian Artista, Liezel Vince Cruz, Femarie C. Bedona, Nora Ruth Eusebio and Quimberly Villamer, Elizabeth National Rivera</b> , and the advisors were <b>Leonila Navarro-Mariazeta and Ma. Carmen J. Meliton</b>
Gala Night	Chair: <b>Liezl Vince-Cruz</b> Co-Chair: <b>Adrian Artista</b> Advisor: <b>Lolita Compas</b>
PNAF 5K Run and Walk NYC	Chair: <b>Priscila Sagar/ Vilma Ortiz</b> Advisors: <b>Susan Gador/ Nini Jurado/ Nancy Hoff</b>
Technical Support	Chair: <b>Davy G Diongson</b> , Co-Chair: <b>Audrey Agcon</b> Members: <b>Laarni Florencio</b> Advisor: <b>Mary Joy Dia</b>
Sunday Mass at Church of the Holy Cross	<b>Leonie Mariazeta, May Mayor, Betty Pacis , Lolita Compas , Carmen Meliton</b>

## Final Preparations

Two weeks before the convention and Independence Day, PNA New York members and volunteers gathered at **Carmen Meliton's** home to finalize the convention arrangement. Most of supplies and equipment were shipped to her home. This made it easier for the workgroups to complete tasks: stuffing the giveaway bags, creating delegate badges and lanyards, finalize the volunteer list, layout for exhibitors, reviewing seating arrangements for networking night and the gala, checking attendance for each session and data entries for late registrants. Most PNA New York members took the week off from work and stayed at the hotel.

## Setting Up

On Tuesday, July 5, the PNA New York team brought supplies and equipment to the hotel. A van was rented to bring supplies from Queens to Manhattan. Other PNA New York members shuttled boxes of t-shirts and books from their homes. It was a group effort and the chapter did this themselves to reduce costs since there were hotel charges for storage and porter service.

## Registration

The registration table was prepared early Wednesday morning as the delegates trickled in. This proved to be effective since it regulated the flow of convention attendees since Wednesday was reserved for Executive Board meetings and regional meetings. There was a steady flow of attendees who registered and picked up their registration packets. This was a dry-run for the registration team which allowed them to correct and refine processes before the start of the leadership programs on Thursday. There were some instances where registration issues arose, and these were resolved quickly.

To expedite registration, color-coded wrist bands were given to attendees for each session. In addition to this, attendees were also given meal tickets for breakfast and for lunch. PNA New York also scanned QR codes to monitor attendees for each event. The registration performed well to ensure that the overall experience of attendees was great. During each morning huddle, issues were discussed and the day events were discussed. The day started at 6:00 AM until night

The registration team monitored attendees for each session. They devised a system to track members through the use of QR codes, color-coded wrist bands for each session and meal tickets. The registration team worked tirelessly to ensure that members were registered for the correct events. There were a few errors that the registration team found, but these were resolved quickly. It was challenging for the team since the number of attendees for each session grew as the registration deadline neared. The planning committee had planned for a convention with onsite registrants of around 150 and 250 for the gala. As the number of onsite registrants increased, the layout for the various sessions were changed.

As part of the registration process, attendees had to submit proof of COVID-19 vaccination and sign an attestation form that they were vaccinated. Only vaccinated delegates and guests were allowed to participate in the convention.

## Creative Materials and Souvenir Journal

PNA New York relied on the expertise of its team to draft the program agenda. The layout for the programs were done by Aubrey May Agcon. The souvenir journal was overseen by Vernie Bacolot. The PNA New York team solicited journals ad. Once the journal was completed, the pages totaled more than 200 pages and journal advertisers were asked if they wanted a printed or electronic copy. The deadline was extended one time to allow newly elected PNAA executive members to purchase a page.



# Exhibitors

PNA New York, PNA and PNAAF are extremely grateful for various sponsors of the 43<sup>rd</sup> PNA National Convention. Carmina Bautista, PNA Executive Director oversaw the sponsorship outreach and process. Sponsors at the National and local levels lent their support to the convention. Without these sponsors, the national convention would not have been possible. PNA New York Treasurer **Jacqueline Juele-Schuster** coordinated and planned the exhibitor space by working with the hotel to ensure that tables and equipment were available. The planners ensured that the exhibitors was important because exhibitors and the education program were all located on the same floor which made it easier for the 10 days to visit the exhibitors and learn about their products. This is only fitting because exhibitors provided sponsorship to our educational programs and other events. Logistically the layout for the education day and networking day was important because the sessions and exhibitors were all located on the same floor. Participants were encouraged to visit the exhibitor booths. For those attendees who were able to show proof that they visited each exhibitor, free PNA memberships were raffled and the grand prize was an iPad.

The Exhibitors included All of Us Research Program, Aleveo, ANCC, AMN Healthcare, Avanti, Caring Partners in Healthcare, LLC, Case Western Reserve University Frances Payne Bolton School of Nursing, Citadel Care Centers, Combined Insurance, Grand Canyon University, Health Carousel, Joy's Boutique, Neurocrine Biosciences, New York Life, NYU Rory Meyers College of Nursing, Occupational English Test (OET), PNB New York, Pinnacle, Powerhouse America LLC, RN Express, Workmen's Circle MultiCare Center, and U.S. Army.

**43<sup>rd</sup> PNA ANNUAL NATIONAL CONVENTION**

**EXHIBITOR PASSPORT**

**RAFFLE PRIZES**

One year FREE PNA Membership drawn daily on Thursday and Friday July 7 & 8, 2022

**Grand Prize**

Apple iPad to be drawn on Saturday July 9, 2022

**43<sup>rd</sup> PNA ANNUAL NATIONAL CONVENTION**

Hosted by PNA New York

New York Marriott Marquis New York City

**SPARK** Our Collective SPARK



**43<sup>rd</sup> PNA ANNUAL NATIONAL CONVENTION**

**EXHIBITORS**

Name: \_\_\_\_\_  
Mailing Address: \_\_\_\_\_

PNA Chapter: \_\_\_\_\_  
Email: \_\_\_\_\_  
(For PNA Internal Use only)

**Get your passport STAMPED**

**PASSPORT GAME RULES:**  
Fill-up your information above. Visit each sponsor/exhibitor booth represented in this card. Collect all vendor stamps and bring your card to the raffle booth to drop off the drawing box for a chance to win prizes!!

Disclaimer: Participation in the raffle implies consent to share mailing information with exhibitors.

NEUROCRINE BIOSCIENCES	Workmen's Circle MultiCare Center	PINNACLE
All of Us RESEARCH PROGRAM	ALVEO	ANCC
AMN Healthcare	Avanti	Caring Partners in Healthcare, LLC
FRANCES PAYNE BOLTON SCHOOL OF NURSING CASE WESTERN RESERVE UNIVERSITY	COMBINED INSURANCE	GRAND CANYON UNIVERSITY
Health Carousel	Joy's BOUTIQUE	NEW YORK LIFE
NYU	OET	PNB New York
POWERHOUSE AMERICA LLC	Rnexpress	U.S. ARMY



# Exhibitors





# Exhibitors





## Sponsors

In the initial planning phase, PNA Executive Director **Carmen Bautista** outreached to prospective national sponsors and the PNA New York team solicited sponsorship from local partners. The table below lists the corporate sponsors for PNA NatCon43:

Company Name	Type of Sponsorship
Neurocrine Biosciences	Corporate Symposium
Pinnacle Multicare Nursing & Rehab Center	Platinum
Citadel Care Centers	
Remitly	Diamond
Nursing Network, LLC	
AMN Healthcare	
Workmen's Circle MultiCare Center	
Emeritus	
OET	Gold
Grand Canyon University	
Frances Payne Bolton School of Nursing Case Western Reserve University	
Avant	
RN Express	
Powerhouse America LLC	
Health Carousel	
PNB	
Combined Insurance CHUBB	
MEDPRO	
Green Door Placement	Silver
Metropolitan Jewish Health System (MJHS)	
New York City Health and Hospitals Corporation (NYCHHC)	
Versant Healthcare Competency Solutions	
Rochester Regional Health	
University of Maryland Medical System	
Kings Harbor Nursing Home	
Linden Center for Nursing & Rehabilitation	

## Security

News about Asian hate were reported and the PNA New York team was concerned about the safety of delegates and guests. The New York team met with the New York Police Department since November 2021 and Community Boards to inform them of the various events. There were police presence in the Times Square area and as well as the 5K Wellness Walk. PNA New York assigned walkers to groups of people to designated convention venues such as the Philippine Consulate, the 5K Wellness Walk and Sunday mass. The planning team met with Filipino-American NYPD Detective **Cicero Coloma**, who is in charge of the NYC Asian Hate Crime Task Force. Detective Coloma was aware of the PNA convention and ensure the planning committee that the NYPD would be present. The planners were relieved that the NYPD was aware of the event and had assigned officers to the area.

## Volunteers

The success of the PNA National Convention can be attributed to the spirit of volunteerism among PNA New York chapter members, their families, friends and members of other PNA chapters. **Susan Gador**, past PNA New York president was assigned to oversee the cadre of volunteers for each session. She had the important task of overseeing the volunteer force to assist with registration, crowd control, answering questions, and providing great customer service. The volunteers interacted with over 1000 members from July 5 to July 10. PNA New York would like to acknowledge the following volunteers of members, family and friends: **Aubrey Agcon, Stephen Alegre, Ellen Arigorat, Joy Bautista, Vernie Bacolot, Femarie Bedona, Kathleen Begonia, Lorelei Belardo, Lorna Joy Benecio, Bill Calebrese, Maricar Caingat, Pete Calixto, Jona Caparas, Charles Cayabyab, Jocelyn Cesareo, Lolita Compas, Sharon Doromal, Nora Ruth Eusebio, Laarni Florencio, Corina Florece-Ruiz, Susan Gador, Laura Garcia, Rolando Gatilao, Vincent Girauld, Michael Go, Jacqueline Juele-Schuster, Kyla Landicho, Meriam Lamigo, Sigrid Ladoces, Elizabeth Lorenzo, Prez Lorenzo, Elaine Magat, Leonila Navarro-Mariazeta, Carmen Meliton, Gretchen Meliton, May Mayor, Mary Ann Napalit, Marie Ortaliz, Gem Pada Inay, Warly Remegio, Melanie Remegio, Janet Rodriguez, Priscilla Sagar, Maia Santarina, Marisa Santos, Maria Rosario Sim, Corazon Sy, Mary Jane Torres, and Ernie Uy.**

## Success

After almost three years since PNA New York won its bid to host a PNA National Convention in Atlanta, GA, PNA New York was proud to be the host of the 43<sup>rd</sup> PNA National Convention. The PNA New York team in collaboration with PNA and PNAAF was able to host a memorable convention. This convention showed the resiliency of PNA New York members and they never waived to meet their goal -- to host the best national conventions ever!



TEAMWORK was the key to a successful convention. The teams devoted their energy and time to ensure that PNA New York would provide a memorable convention experience.

In planning for the convention, the PNA New York team connected with planners from the previous conventions. The team built upon past experiences by using best practices and revised processes that would be specific to New York. As voluntary organization, PNA New York members used their vacation to have hands-on presence during the convention. Their days usually started at 6 AM until late into the night. Most PNA New York board members elected to stay at the hotel so they could be timely. Daily huddles during the convention ensured that the teams communicated their concerns and issues and to resolve any problems.

PNA New York would like to acknowledge the continued support of their spouses, partners, sons, daughters, and family members. The success of this convention can be attributed to them. We are thankful for them!





## **PNAA Reflection 2022**

### **My POV (Point of View) of 43rd PNAA National Convention**

By Dan Lovinaria, DNP, MBA, CRNA, APRN, CHSE, FNAP, FAANA

I am so overwhelmed with pride and joy as I reflect on the most recent 43rd PNAA national convention in New York City hosted by PNA New York. It was so amazing to be gathered with hundreds of committed and empowered PNAA members from across the nation working hard to advance the mission and vision of PNAA.

It takes a village to plan and execute a successful national convention. PNA New York delivered a phenomenal convention from start to finish in the heart of Times Square. PNA New York President Dr. Warly Remegio and its convention committee members should be commended for developing and implementing programs in nursing leadership, practice, education and research relevant to professional growth of its members and healthcare needs of the communities we serve.

Although this has been only my second appearance attending the national convention, I was embraced and welcomed to the PNAA family. I am humbled and honored to be included on the Men In Nursing panel discussion during the leadership institute day where I shared my personal and professional healthcare leadership trajectory. My aim was to simply inspire especially the young generation of Filipino-American nurses to be engaged, pay it forward, and to be actively involved in professional organizations including the PNAA and local PNA chapters.

As I sat in the audience and listened to immediate Past President Dr. Mary Joy Dia's presidential report, it was so remarkable to hear the outstanding work PNAA has done over the past two years particularly during these unprecedented times. The effects of the COVID-19 has caused massive changes to PNAA's way of conducting its business, but Dr. Dia was resilient and committed. She shared that despite the COVID-19 pandemic, PNAA's strategic goals during her term were met and exceeded expectations.



The PNAAs national convention key speakers included American Academy of Nursing's living legend Dr. Joyce Fitzpatrick, former President of the American Association of Nurse Anesthesiology Dr. Garry Brydges, President of International Nursing Council, Dr. Pamela Cipriano, Co-Founder and Managing General Partner of Matrix Capital Management David Goel delivered inspiring messages to PNAAs members.

Attending the PNAAs national convention annually is simply a family reunion. It is a time for networking, learning, celebrating, and advancing the PNAAs mission and vision. I can't wait for the next PNAAs national convention 2023 that will be hosted by South Central Florida.



# The SPARK of the 43<sup>rd</sup> PNAA National Convention: Reflections of a First-Time Attendee

By Marites Calvelo, BSN, RN  
PNA of Tampa Bay President-Elect, 2022-2024

As a first-time attendee, I learned many things from the keynote, leadership, and educational speakers; socialized with other attendees; and met PNAA various leaders.

At first, I was not decided to attend the convention, so I did not request any time off for this event. However, our Tampa Chapter founding president, Liw Villagomez reminded me to register as the last day to register was fast approaching. It was then that I finally decided to go. I learned in this process that coordinating with local leaders make the endeavor less intimidating. I asked our current chapter President, Maria Bautista-Smith to book me a flight along with her, and soon enough, we arrived in New York. On Day One, we registered and attended a meeting where we introduced ourselves, where we came from, and our WHYs of coming to the PNAA 43<sup>rd</sup> convention. As a new attendee, I could not say anything but instead pointed out that our President, Maria said everything for me. I was so shy to speak in front of people or leaders. Later that night, we went to the Philippine Consulate for the welcoming night and socialized with others, although it was limited to certain number of people due to venue space limitations. We had a great night at that event, and we watched *Nurse Unseen*, a documentary where Filipino nurses were featured risking their lives at the height of the pandemic.

Day Two was Leadership Institute and Clinical Update Day. We witnessed the PNAA President, Dr. MJ Dia showcases her leadership journey and successes during her term, as well as that of the PNAAF President, Ms. Nancy Hoff. The day's Keynote Speaker, Ms. W. Manzano inspired us and learned from other speakers and panelists too. The most exciting part was the Networking Night, where we dressed up to be in the spirit of the Broadway theme. There was also the parade of chapters with banners and the four regions of PNAA each had a presentation. From the South-Central Region, Les Miserables featured a group of activists headed by modern Nightingale. It was a play advocating the implementation of gun laws to stop mass shootings. As other regions presented, we mingled and connected with other delegates and introduced ourselves that we were from Tampa, FL.

On Day Three, I was excited to attend the First Time Attendee Session, where I met fellow first-time attendees. At that session, we were asked to introduce ourselves and I shared more a little about myself as I get to know others. Then, when it was education time, we listened to one of the keynote speakers, Dr. Pamela Cipriano. I did not know who she was until I learned that she was the former ANA (American Nurses Association) President and now the ICN (International Council of Nurses) President. It was also great to see and listen to the stories of some of the speakers. Some of them were still young and already got their PhD's! I was inspired to learn from their journeys and achievements, and someday, I will achieve my DNP as well, but for now, I'll strive to finish my Master's.

On Day Four, it was the General Assembly. It was the time that they read by laws and procedures and policies. It was great to witness how they proposed items to the general group. One of the proposals was the student membership that had a unanimous vote. I agree that having students as members will increase membership and have them in line or trained to become leaders. It was also fun to watch the voting for the 2024 host of the convention. It was between Houston, Texas, and Southern California. It was a close battle, but it will be Southern California 2024! But the highlight of Day Four was the Gala Night. It was the night we were all dressed up and posed to the camera with whomever we wanted to be in those pictures. It was an enjoyable night. It was also a great experience witnessing the incoming executive boards' induction and the lamp's turn over to the next host.

On Day Five, we had the opportunity to attend church at the Holy Cross Catholic Church and give thanks for a great experience shared by people behind the 43<sup>rd</sup> National Convention.

During the 43<sup>rd</sup> PNAA convention, we were able to set aside those scrubs for a few days, and SPARK-ed our way to New York City!



PNA Tampa President Maria Bautista-Smith, Past-President Liw Villagomez and President-Elect Marites Calvelo during Broadway Night



PNA Tampa President-Elect Marites Calvelo with ICN President, Dr Pamela Cipriano and key PNA Leaders



PNA Tampa Pres. Maria Bautista-Smith, Past-Pres. Liw Villagomez, Pres.-Elect Marites Calvelo with SCR VP Karen Cendana



PNA Tampa Pres. Maria Bautista-Smith, Past-Pres. Liw Villagomez, Pres.-Elect Marites Calvelo with PNA President Gloria Beriones



# Thoughts of a First Time PNAA Conference Attendee and why every member should attend a National Conference

By Geraldine Abaquin Perez, PNA North Texas Dallas



Here are the reasons why I attend conferences:

1. I broaden my knowledge by attending talks from the experts.
2. I became inspired by listening to our PNAA Leaders, hearing about their leadership journeys and their plans for the future of our organization. When it's my turn to step up to the plate, I will remember their stories as I forge my own path.
3. I widen my network, establish new linkages and reconnect with old friends.
4. I learned that as a delegate, I have a voice and I can help shape the future of the organization. We were proud to represent PNA North Texas Dallas and meet our fellow SCR delegates.
5. I got energized by hanging out with my fellow members and see them in a whole new light. Zoom meetings are ok but face-to-face was definitely better. I met my fellow iLDP Grads, congratulate everyone that recently completed the course and we all celebrated the 5th Anniversary of iLDP.
6. It was really nice to put aside the scrubs, T-shirt and jeans for a few days and dress nice!
7. I had the opportunity to explore this vibrant city and have lots of FUN!!!



# 43RD PNAAC NATIONAL CONVENTION



**Our Collective S.P.A.R.K**

*Stories of People, Achievement, Resilience, Kindness*



## Experience of a Lifetime

By Aileen Alexander BSN, RN  
PNA Georgia



My first time attending the PNAA annual convention in New York was a blast! It provided me the opportunity to meet professional Filipino nurses and mentors from different states with similar interests to PNAA's mission and goals to uphold the positive image and welfare of its constituent members. There was a especially designed program for us first-time attendees and it was very welcoming. It fostered networking and the sharing of experiences that promote professional excellence and contribute to significant outcomes to healthcare and society. The relationships I made there have proven to be invaluable during the conference and beyond. I've learned and experienced at the convention how to mix and mingle, and meet people with whom I can later connect for my career as a nurse, and support our chapter goals and our community.

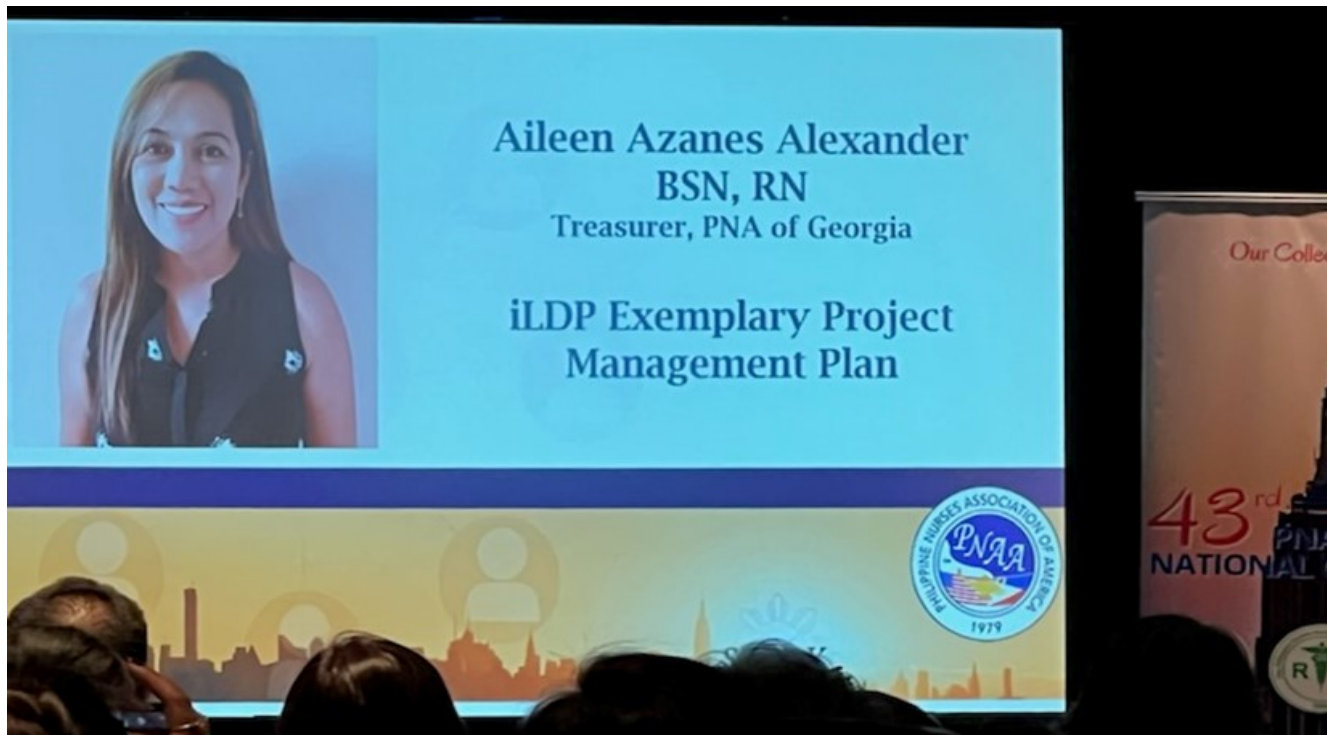
It was sometime in March when I got a call from Ate Mayflor Chokshi encouraging me to attend the iLeadership Development Program (iLDP). She sent me the information and the program started last April 11 to June 5, 2022. It was an online class and we met every other Wednesday. It was laborious and time-consuming but I would say it was well worth it and very rewarding of my time. I learned a lot of things about Leadership, interactions with peers, and the creation of a project management plan. For our last module, I was surprised that my Project Management Plan was selected for podium presentation during the Leadership day of the convention. It was a bit surprising to me and I was honored to present my PMP in front of my fellow Filipino Nurses from different states.

The Networking Night was so much fun; I got to know people, mingle and made more connections. There were a lot of vendors in the hallway and met Jennifer Elton David, an Avant Recruiter. I informed her about one of the plans in my PMP project about having a post-arrival orientation for all Filipino Nurses coming to Georgia. She was delighted and to her excitement, she asked me and Ate Marichel to speak in her video regarding their Nurses that went to our hospital. She also offered to hook me up with their Clinical Coordinator to introduce PNAGA.

There were so many learning and fun activities during the PNAA Convention which includes recognition, accomplishments, and significant achievements of each chapter. The 5K run was fun, had to get up at 5 am to participate and what do you know, PNAA was interviewed by the local news team and some of us were lucky enough to be on TV! I would like to encourage the members of PNAGA to try to participate in our different educational seminars, conferences, and convention for them to experience the benefits of the organization. It builds camaraderie showing solidarity that no matter where we live in the Philippines, we are unified by our profession here in the United States.



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## Experience of a First Time Attendee

Catherine Rubio, MSN, PHN, RN  
President Elect, PNA Southern California



***My first PNA convention total experience was a BLAST!***

**First** stop. Warm welcome at New Jersey. I am grateful to be under the care of Ms. Iluminada Jurado and Dr. Leo Jurado (Ate Nini and Kuya Leo). My first in-person meet and greet experience with both PNA and PNAAF EB at the Legacy Building, powerhouse leaders under one roof. WOW!

**First** day at “The Big Apple”. The excitement was there when I received my bag and badge with FIRST TIME ATTENDEE ribbon at the convention registration. The warm and friendly welcome from PNA New York I will never forget. I have been a member since 2018 and the 43<sup>rd</sup> PNA National Convention was my first attended national convention. At the first-time attendee session, Mr. Pete Calixto energized us and the PNA leaders created a family atmosphere with delicate touch welcome giveaway from Ms. Lolit Compass, Ms. May Mayor, and Dr. Rey Rivera. My goal for the next convention is to have more PNASC first time attendees.

**First** Networking Night performance with Western Region and PNA Foundation was amusing and unforgettable. It was not about perfecting the choreography but was more of the fun and joy it brought to entertain everyone. The different Chapter and PNA EB Broadway themed presentations were so

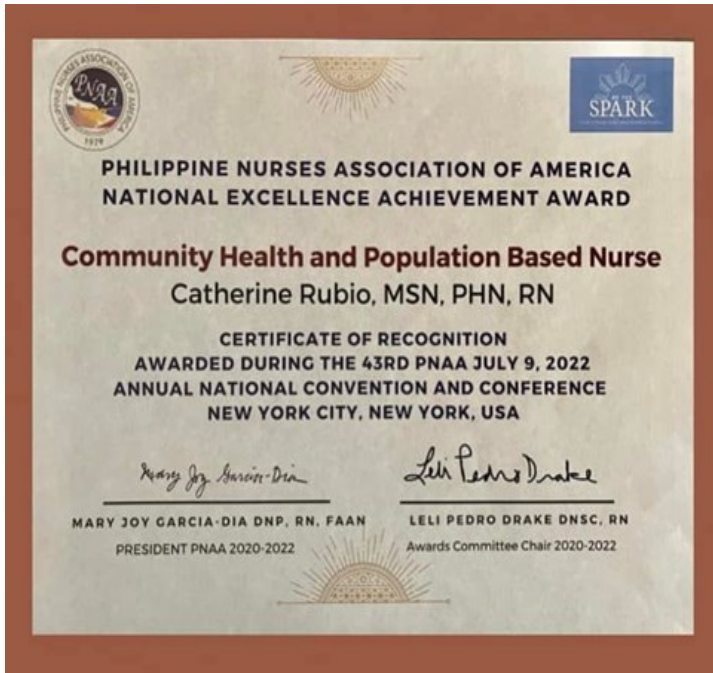
original. I Absolutely witnessed the groove and moves all over the dance floor.

**First** National Convention bidding experience was remarkable. The silence and attentiveness of attendees at the General Assembly changed gear to unstoppable loud cheers echoing from all four corners of the room. Presenting it was an honor. A glorious moment for PNASC to win the bid.

**First** Gala Night and my PNA Nursing Excellence Award wow moment. The Gala night was all about SPARK. From the distinguished guests to the performers and Dr. Beriones with her 2022-2024 EB. On stage as well, Nursing Excellence awardees sparked with PNA Awards Committee, Dr. Mary Joy Dia, and Ms. Carmina Bautista. Everybody shined like a diamond.

The schedule of events was busy and taxing but every day I felt refreshed with the endless meet and greet of amazing chapter/national leaders and making new friends. The pandemic has brought limitations in engagement. Actively participating in all sessions made me feel more connected to PNA and provided opportunities of networking face to face, gained expert knowledge, and most definitely renewed motivation to pursue my leadership goals and enthusiasm rekindled. Like the saying goes” There is a FIRST TIME for everything.” **My first PNA convention was A BLAST!**





# New York, New York-Perspectives of a First Time PNAA Convention Attendee

By Teresa Ignacio-Gonzalvo, BSN, RN, MPA  
President- Elect, PNA Virginia  
Chair, PNAVA Constitution and Bylaws Committee  
Chair, PNAVA Ethics and Human Rights Committee



Some things happen by chance, others by divine intervention and some just by pure luck! Just returning from our twice postponed cruise, I now focused on the logistics of attending the PNAA convention in New York. Having only virtually attended the previous conventions, I was thinking that this will also be a hybrid format with virtual and in person participation. But fate was on my side and attending the convention in person became a reality. New York, here I come!



Representing my chapter, PNA Virginia, was even a greater honor in this pioneer endeavor. Many thanks to Carmina Bautista, for her words of wisdom and encouragement. Not sure what to expect, I knew I was representing PNAVA, giving my end of term report as the PNAA Ethics Committee Chair, dancing with the Eastern Region's stars to the music of Mamma Mia, supporting our two PNAVA scholars Ren Capucao and Julie Baylosis and participating in the Parade of Chapters, carrying the PNAVA banner with pride, were indeed momentous events that I shall always cherish. Hanging out with our Virginia team made it indeed more fun!



It was all the above and many more experiences that truly highlighted my 48-year career as a Filipino-American nurse. Listening and learning, discussing and sharing ideas and challenges, paying it forward and so much more. Finally meeting the inspiring Mary Joy Garcia-Dia, PNAA president, in person. Getting to know the alumni from my alma mater, St Paul College of Manila was the icing on the proverbial cake! I would encourage all our members to experience our national nursing convention the Filipino American way. It is a unique, exciting, amazing and informative adventure that cannot be replicated! The united voices of our nurses indeed make a difference on the national and international stage.

My parting thoughts:

Top 10 Reasons why a PNAA member should attend the national convention:

10. Play tourist, travel and see places.
9. Catch the very latest in Filipiniana fashion trends.
8. Have fun with networking, showcasing talents and line dancing!
7. Get fantastic fundraising ideas- like the raffle for Maryland crabs.
6. Learn the latest from renowned national speakers while earning more contact hours.
5. Meet the super smart, resilient and innovative PNAA scholars and dynamic nursing colleagues
4. Be impressed with the hard work of leaders, chairs, chapters and members!
3. Be blessed, amazed and grateful for the recognition and awards to deserving leaders
2. SPARK, SPARK-ling, SPARK-le- priceless moments to cherish
1. Be inspired by, wowed and be mentored by the cream of the crop of our PNAA movers and shakers!

New leaders are born here. Let us nurture and mentor our new generation, our new mantra is definitely timely. Together, we are moving the future of Filipino-American nursing and healthcare in general.

*“Our United Voices-Wisdom-Excellence, Collaboration-Advocacy-Respect and Equity.”*

-Dr. Gloria Beriones





## My Convention Experience

By Yolly Maron

Membership Chair, PNA Central California



I was a first-time attendee of the 43<sup>rd</sup> PNAA Annual National Convention in New York. My experience is nothing short of awesome. The welcome remarks of Waryl Remegio, PNANY President sets the tone for a very successful convention. The keynote address of Wilhelmina Manzano was just a taste of what's to come during the Leadership Institute. I am so proud of our own Nancy Hoff when she delivered her PNAAF report.

The Clinical Updates on Artificial Intelligence just blew my mind away, especially The Convergence of Technology and the Life Sciences delivered by Mr. Goel.

The schedule was maximized. We only had a couple of hours of rest then it was already Networking Night. Staying at the same hotel where the convention was held was very convenient. I had so much fun that night looking at the Broadway-themed outfits of the entertainment presenters. That night I was requested to pair with MJ, the President of the Napa Solano Chapter, to hold their banner during the parade of banners. It was an honor and thank you for trusting me.



On Education Day, we had an hour to meet all the other first-time attendees and I made friends with some of them. The microphone was passed around and we had the chance to speak up.

I have the utmost respect for the organizing committee of the convention. I can say that it was very well organized, they stick to the time, the invited speakers were all knowledgeable with their topics and oh, the qualifications of the speakers and the attendees were all very impressive. I had to look up most of the letters after their names. I feel privileged to hear Pamela Cipriano, the President of ICN speak to our group. ICN, as a federation of more than 130 national nurses' associations, represents millions of nurses

worldwide on issues of importance to the nursing profession. We are so lucky that we have their president spend time with PNA.

As a representative coming from the Western Region and a fan of 5K walks, now I can say that I did it in New York the second time around! The 4:30 AM wake-up time was too early for me but I'm glad I did. It was energizing to start the day.

The General Assembly was so much fun, especially during the election. I knew I had the right choice and that was the winner that day. Blessed also that PNACC got some awards. As a Membership Chairman, I was given the Membership SPARK Award for having the highest membership in the Western Region. The iLDP Fellows were recognized at that time too. So proud of Laura De Vera and Maricon Esteban from PNACC! I said to myself, someday I will be one of them. I am now inspired and motivated.

The Gala Night was another show of how well-dressed our Filipino people are especially those wearing the Filipiniana. Who would think that these are nurses? The entertainment and awarding continued during this night. So many accomplished RNs getting recognized. The term of President Mary Joy Garcia-Dia and the Induction of President-elect Gloria Beriones were celebrated.

By attending this convention, I have put a face to the person whom I always communicate with every time we have a new member or members that need renewals, this is no other than Melissa Cunanan, the General Membership Chairman of PNAAC. Thank you so much Melissa for your hard work, it is so easy to work with you!

On the last day, we attended the Thanksgiving Mass at Holy Cross Catholic Church. All in all, it was an exhilarating experience and I would do it again, COVID or no COVID!



# The highlight of my 43rd PNAA National Convention

By Luz Pelayo Oandasan

Auditor, PNA Central California



I have been a member of our local chapter, PNA Central California since 2005, but this is my very first time attending a PNAA National Convention. I admit I had an amazing, positively productive experience at the Convention. I learned a lot from the Education Day and was amazed by the professionalism, and camaraderie of all the officers and attendees. I was star-struck by all the Speakers because of their Nursing Excellence in their field of expertise, vision, and dedication. Such great Role Models for us all. Our outgoing Pres Mary Joy Garcia Dia has outdone the SPARK mantra, while we look forward to our new Pres. Dr. Gloria Beriones aspiration "WE CARE" Our United Voices, Wisdom, Excellence, Collaboration, Advocacy, Respect, and Equity which we will all support with conviction.

Thanks to PNAA New York for the wonderful experience. And I certainly look forward to the next conventions. Mabuhay ang PNAA!



## iLDP 5-year Anniversary Celebration

By Cris Escarrilla, MSN, BSN, RN  
Chair – PNASD Education Committee & Scholarship Awards  
Faculty 2022 cohort

As one of the delegates of PNASD to the 43<sup>rd</sup> PNAA Annual National Convention, I am filled with excitement and expectations in joining the different activities set out for us. One of them is attending the iLDP 5-year anniversary celebration on July 8, 2022 @ 6PM, at Havana Central, Times Square New York.

First of all, what is iLDP? iLDP is a Leadership Development program within PNAA. During the time of Past President Dino Doliente, it was renamed iLDP. I believe every member in every chapter should strive to attend this program if they are active in leading their chapter. Not only does it help the member grow personally but also as a leader professionally. It promotes a strong leadership pipeline of leaders that contribute to the success of PNAA in the future moving forward. It is an 8-week course led by Director Manny Ramos and co-chaired by Mindy Ofana. Their kindness, and determination to help each student, including the faculties involved in the mentorship, is immeasurable.



The celebration was held on the 2<sup>nd</sup> floor of Havana Central. A big shout out to PNANY President Warly Remegio for making this reservation possible. Attendees include the graduates and faculties of cohorts from since the iLDP started 5 years ago. We were graced by President Mary Joy Garcia-Dia and President-elect Gloria Beriones. There were many other prominent leaders within PNAA, too many to enumerate, but they are all pillars of our national organization as well as leaders of their chapters.



We enjoyed large portions of salads, appetizers, and a Cuban feast. Not to mention, an unlimited pitcher of Passionfruit Mojitos. I've never had any Mojito before, it was actually good! It was indeed an evening of camaraderie, networking, and connecting with leaders from other chapters. I have never felt so loved and cared for in an organization. The spirit of family is overwhelming.

After the dinner and laughter, some of us walked to Times Square to capture some photos and memories of the event. It was truly a wonderful evening. Thank you to our iLDP leadership and donors who made this occasion possible.



## CRNAs Presented at the 43<sup>rd</sup> PNAA Annual National Convention

By Jose D. Castillo III



Jose D. Castillo III, Ph.D., MSNA, CRNA, APRN

Certified Registered Nurse Anesthetists (CRNAs) presented at the 43<sup>rd</sup> Philippine Nurses Association of America's (PNAA) Annual National Convention last July 6 to 10, 2022 in New York Marriott Marquis, New York City. Garry Brydges, Ph.D., DNP, MBA, CRNA, ACNP-BC, FAANA, FAAN spoke on Humanizing Artificial Intelligence, while Dan Lovinaria, DNP, MBA, APRN, CRNA, CHSE, FNAP, FAANA, and Jose D. Castillo III, Ph.D., MSNA, CRNA, APRN were part of a panel on SPARK Stories: Filipino Men in Nursing, and poster presentation on the Best Practices in the Care of Transgender Patients, respectively.

"It was a great opportunity to inspire and motivate our Fil-AM young men and women nurses. They are the future of nursing that will help shape and advance our profession," says Dr. Lovinaria. "The quality of speakers and content experts were inspiring and motivational. The passion of each attendee was palpable," says Dr. Brydges. "The curriculum and programming were all infused with energy and enthusiasm! Communing with our kababayans exemplified the definition of networking", says Dr. Castillo.

The PNAA consists of 55 chapters, and there are approximately 5000 members nationwide. According to the PNAA Membership Committee, Filipino Nurses comprise 4% of the United States nursing workforce. It was of great honor and privilege to represent CRNAs in this impeccably well-represented organization.



Garry Brydges, Ph.D., DNP, MBA, CRNA,  
ACNP-BC, FAANA, FAAN



Dan Lovinaria, DNP, MBA, APRN, CRNA,  
CHSE, FNAP, FAANA

## PNAAConvention Clinical Update session

By Riza V. Mauricio, PhD, APRN, CPNP-PC/AC, FCCM, CCRN  
Chair Practice Committee, and “Kabalikat” Emotional Wellness Program  
PNAAC Executive Board Member, 2022-2024



As in other PNAAC conventions, the Practice Committee organized the clinical update session held on July 7, 2022 at the Soho room, Marriott Marquis Times Square, New York City. We carefully selected the topics to address current clinical knowledge and nursing informatics. The committee designed the session to enhance the education of our nurses on artificial intelligence and safe patient care. We pick the “high hitters” in nursing and technology who are experts in artificial intelligence (AI) and its role in health care.

There were three expert speakers for this session: Dr. Gary Brydges, PhD, DNP, MBA, CRNA, ACNP-BC, FAANA, FAAN-Director of Quality and Safety at MD Anderson Cancer Center, Mr. David Goel-Founder and Managing General Partner of Matrix Capital Management and Ayur Maya Private Equity Fund, and Dr. Tina Sadarangani, PhD, RN, ANC-PC, GNP-BC-Assistant Professor, NYU Rory Meyers College of Nursing. Dr. Brydges and Mr. Goel spoke about artificial intelligence and its impact in health care delivery. Dr. Brydges described the integration of AI in the clinical

decision support using pharmacogenomics. The pharmacogenomic data of a patient can inform our bedside nurses in identifying drug-to-drug interaction and enhance the Advanced Practice Nurses’ (APRN) ability to individualize drug prescription. Mr. Goel spoke about his company’s role in healthcare and biotechnology. His company supports innovations in artificial intelligence and computational neural networks, stem cell therapies, the structuring and application of large data sets, precision medicine, and smart drug design. Dr. Sadarangani focused her presentation on mobile health utilization to empower caregivers, reduce fragmented healthcare, and strengthen community-based care for older adults. She described the focus of her projects on health disparities of minoritized older adults by leveraging the strengths of community-based adult health care centers.

The participants gave the clinical update session an overwhelming excellent evaluation for their content, delivery and speakers’ expertise. To quote Dr. Dan Lovinaria, DNP, MBA, APRN, CRNA, CHSE, FNAP, FAANA, “I found Dr. Brydges’ presentation on AI very timely and relevant in today’s healthcare landscape”. As the Chair of the PNAAC Practice Committee, we will continue to challenge ourselves by crafting the best educational offering in the years to come.



Dr. Gary Brydges

# Nursing Informatics Session at the 43<sup>rd</sup> PNAA Annual Convention

By Joni-Lynne Lopez, MSN, RN-BC, PCCN  
insidePNAA Layout Artist 2020-2022  
PNA New York



The PNAA Significant Interest Group : Nursing Informatics hosted the first Nursing Informatics Sunrise Session at the 43<sup>rd</sup> PNAA National Convention. Joni-Lynne Lopez, MSN, RN-BC, PCCN, a Nursing Clinical Analyst at Memorial Sloan Kettering Cancer Center, moderated the panel discussion. Sharing their SPARK stories our NI: Ellen Joy Arigator, MSN, RN-BC, PCCN-K, Victoria (Vicky) Javier, BSN, RN, and Dianne Bautista, MBA, MPH, BSN, RN-BC provided insights in the field of Nursing Informatics and how technology impacts patients and healthcare outcomes. In the second part of the session, the founder of the Justly Project, Elizabeth Grace Goel, gave an insightful discussion on the use of Social Media.

Dianne, who is an IT Consultant with ECS Tech Inc, discussed her organization’s goal of modernizing Electronic Health Records (EHR) with the quadruple aim of enhancing patient experience, reducing costs, improving healthcare outcomes, and enhancing clinicians’ experiences. She gave a very motivational discussion about her calling into Nursing Informatics, her life purpose, and the concept of “Ikigai”, which is the Japanese concept of “a raison d’etre” (a reZun Detra) – or the reason for living and in this culture, they believe that ikigai exists within all of us. The four Ikigai questions to find your purpose are: 1) What does the world need? 2) What am I good at? 3) What do I love to do? 4) What can I get paid for? If questions 1,2, and 3 points towards nursing informatics then take the risk.

Vicky shared her inspiring range of experience from bedside nursing, education, clinical informatics, and leading up to her current role as Director of Clinical Systems EPIC Clinical Documentation and Stork at NYU Langone Health. As Vicky shared her stories from going through the Y2K and mentorship, she left us with an important message, you must love what you do even as Vicky said she would do her job at minimum wage because of her passion and love of her job. When talking about how to get into nursing informatics, she posed a thought provoking question to the audience “Are YOU willing to be innovators?”, if yes Go for it!



Ellen, a Program Director with New York Presbyterian and Chair of the PNAA SIG: Nursing Informatics, spoke about her journey from bedside nursing into Nursing Informatics. She emphasized engagement of technology for patients and nurses to ensure the correct technology is being implemented. Her advice to those interested in the field of Nursing Informatics is to become a superusers at their institutions as well as leverage the use of social media recruitment sites to network, increase personal branding, and gain mentorship.



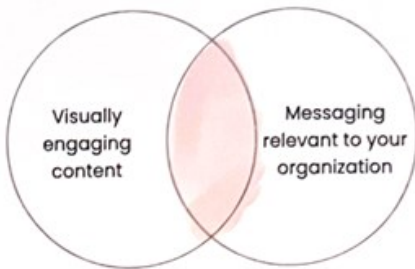


Elizabeth Grace Goel and Dr. Mary Joy Garcia-Dia, continued the discussion about the use of social media. The Justly Project shares the oral histories of Filipino and Filipino-American nursing community through various platforms, such as YouTube, Instagram, Facebook, and Twitter. Leveraging the data from the various social media platforms, Elizabeth Grace provided tips for PNAAs members on how to engage and increase their social presence. The information below outlines what was shared.



**YouTube:** The Video Version of Google

YouTube is the most popular video-based platform with a community. You can use it to store videos of any length. If you're looking to grow a following on YouTube, develop videos that are 10-20 minutes long.  
@thejustlyproject



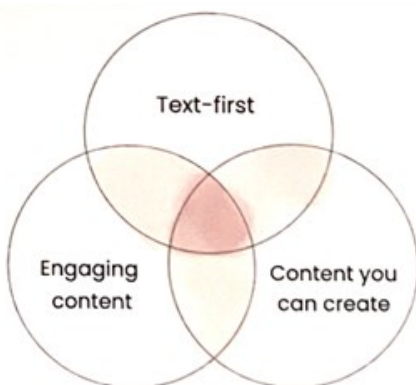
**Instagram:** The Vogue Magazine of the Internet

To optimize content for Instagram, find the intersection between visually engaging content and relevant messaging. Consider championing an individual on your team to become the "face" of the Instagram.  
@thejustlyproject



**Facebook:** Community-Centric

Find the community you want to work with and engage relevant organizations. Build credibility by posting about your mission and initiatives. Make connections with other accounts offline and online.  
@thejustlyproject



**Twitter:** Text-First, Witty, Concise

To grow a following on Twitter, find the intersection between text-first, engaging content that promotes conversion and content that makes sense for your organization (e.g., statistics, quotes, questions)  
@thejustlyproj

## Nurses are the modern-day Good Samaritan!

By Agapito Sta. Romana  
President-elect, PNACF

The 43<sup>rd</sup> PNAA Annual National Convention held in New York City was punctuated with an exclamation point on its last convention day with a bold and evangelical statement: ***Nurses are the modern-day Good Samaritan!*** Fr. Erno B. Diaz celebrated the thanksgiving mass at Holy Cross Catholic Church to conclude the 43<sup>rd</sup> PNAA Annual National Convention. In his homily, he affirmed, confirmed, and validated what the whole world felt and recognized in the last two years of the Covid 19 Pandemic, that the nurse's compassionate care is not only heroic but also *salvific*; having the intention or power to bring about salvation or redemption.

Fr. Erno was not the first to make this bold statement. During the International Nurses Day, celebrated on Tuesday, 12 May 2020, Pope Francis recognized nurses as Samaritans who protect and serve life. Pope Francis stated, "Nurses have historically played a central role in health care. Every day, in their contact with the sick, they experience the trauma caused by suffering in people's lives. They are men and women who have chosen to say "yes" to a very special vocation: that of being good Samaritans who are concerned for the life and suffering of others."

The salvific element of nursing heroism finds its meaning in discovering that Jesus Christ is ultimately the Good Samaritan, as the early Church Fathers have written allegorically. Human experience can only attest to the truth that the fullness and unlimited source of compassion and care can only be received from the True Good Samaritan whose return we joyfully await. This understanding of nursing can make the difference between nursing as a job, vocation or source of livelihood, or a life-giving ministry.

This parable was used by Jesus to explain that the way to eternal life is to love God and love our neighbors as ourselves. But who are our neighbors? No different from today, at the time when He spoke, there was conflict between the Jewish people and the Samaritans. So, it is today where there is hate, conflict, animosity, and mistrust between people. A Good Samaritan represents a person who does a good deed for someone in need, even when not asked and reward is not expected. In the heart of the message is to love one another even if...the person is different from us, does not speak our language, does not have the same belief, etc.; we simply are called to help those in need. This is demonstrated by many of our nurses.

The 43<sup>rd</sup> Annual Convention ended well when love manifested in every convention moment. And to this, I was a witness. As the Mass was about to start, Lolita Compas, the Advisory Council member of PNA-NY, with all sincerity and care, expressed her concern for Leonila Navarro-Mariazeta, who left early during the Gala Night for a medical reason. The encounter was casual and non-pompous or attention seeking. It was the same gesture of genuine concern and care that I often see among my PNACF chapter members. I have no reason to doubt that this caring behavior cuts across all forty-four PNA chapter members across the nation.

I conclude that the success of the 43<sup>rd</sup> National Convention was the genuine unconditional willingness to do good and is indelibly etched in the hearts of those who were touched and moved. And it can only be from this wellspring of compassion can a Nurse become the modern-day Good Samaritan. All's well that ends well. If a good result is achieved, it does not matter what was done in order to achieve that result. We are all aware of the challenges faced by the planners of this convention. The happy ending compensates for the difficulties in arriving at the destination.



# The 2024 45<sup>th</sup> PNA National Convention is Coming to Los Angeles, California

By Catherine Rubio MSN, RN, PHN



In 2007, Philippine Nurses Association of Southern CA (PNASC), successfully hosted the 27<sup>th</sup> Philippine Nurses Association of America (PNA) National Convention held at the Disneyland Hotel in Anaheim, California. After 15 years, PNASC Executive Board, under the leadership of Roland Santos, decided to bid, and be the host again in 2024. PNASC's live bid presentation on July 9, 2022 was a team effort from the Chapter Delegates (Catherine Rubio, Dr. Dino Doliente III, Mindy Ofiana, Dr. Sasha Rarang, Marie Navarro, and Dr. Marlon Saria). The attendees of PNA voted on the matter during the bidding process at the 43<sup>rd</sup> PNA National Convention held in Marquis Marriott, New York City, and we got it. PNA has given us the opportunity again to showcase the commitment and engagement of the Executive

Board, Advisory Council, and the many talented members of PNASC.

There are numerous sites to explore in the beautiful state of California that can be visited before and after the convention. In addition, it will be a wonderful opportunity to connect with family and friends. Who does not have family or friends in SoCal?

On behalf of Philippine Nurses Association of Southern California and its West LA Subchapter, we want to thank all the attendees who voted for us to host. We are opening all the roads heading towards Los Angeles, California for the 45<sup>th</sup> PNA National Convention. We will be ready for you. West is BEST!

## “Oh, What a Night on Broadway”: PNA New York Style

By Carmencita Santiago BSN RN  
PNA Georgia



Networking according to Webster is the “exchange of information or services among individuals, groups, or institution, the cultivation of productive relationships for employment or business” but for PNA, it is engagement, creativity, unity, teamwork, and having fun all at the same time.

The city of New York is the heart of American theatre and many people believe its theatrical productions are the best in the world. It is no surprise then that Networking night’s ambiance was every bit Broadway. Attendees were ticketed then sashayed on the red carpet like celebrities with a camera flash ala paparazzi. Majority were dressed in their favorite Broadway characters. The Masters of Ceremony of the evening were Quimberly Villamer and Pres Lorenzo.

The parade of banners, hosted by Pete Calixto, PNA 11<sup>th</sup> President, formally opened the celebration where it depicted each chapter’s engagement, and full support of PNA’s vision and mission. We sang the Philippine and American National Anthems led by Sheena Santos, then followed by the Invocation of Reynaldo Rivera, PNA 16<sup>th</sup> President. Dr. Mary Joy Garcia-Dia, the current PNA President delivered inspiring welcome remarks.





The regional presentations were entertaining, whimsical and hilarious. The dedication of engagement in all the presentations was over the top. The Western Region started with their interpretation of “Dream Girls.” The group, all dressed in sexy black cocktail dresses, adorned with long strand of shiny necklaces danced with abandon and their final act was quite a huge surprise! The “Dream Girls” impersonated by no other than Pete Calixto, Marlon Saria and Bob Gahol sang and danced to their heart’s content. Who else can pull out these mimetic moves?





Eastern Region depicted the musical Broadway show of "Mama Mia". Delegates dressed in various colorful 70's fashion brought back memories. It was very nostalgic from this generation like me to watch and reminisce this period. The dancing totally electrified the audience.



Not to be outdone was the special number by PNAA/PNAAF Executive Board and Advisory Council who did a terrific rendition of "A Chorus Line" They were all dressed in black pants and white blouses, glittering red suspenders, black bow ties, black shoes and accented with black top hat. Their dance moves and agility was impressive.



The 2022 PRIDE Awards, PNA A Scholarship Awards and PNAAF Scholarship Awards were given out that night. We were also treated and serenaded by Filipino American Broadway singers, Lora and Company. The closing Remark was delivered by Loarni Florencio, PNANY Vice President. Dancing all through the night complimented the networking celebration. **Congratulations PNA New York!** You surely know how to make everyone have a good time. Of course, PNA A celebration is never complete without singing the PNA A Hymn "Shine, PNA A, Shine". This was another memorable gathering in the books, the 43<sup>rd</sup> PNA A Networking Night at Marriott Marquis, New York Time Square. It was indeed an Oh what a night moment!







## Manhattan Showgirls for “ONE” Magical Night

By: Arlin Fidellaga RN, BSN, CNOR, CMH

Columnist; InsidePNAA 2022-2024

Choreographer- PNANJ’s “ONE”



The 43<sup>rd</sup> PNAA National Convention has come and gone, but the “highs”/feelings of elation and glee still linger for most of us including yours truly. For a great number of PNAA members, we still cannot believe that after a long hiatus of not being able to congregate as a large group for a convention, that it finally materialized and no better place to have it than the amazing city of New York. Very fitting indeed for the ending of what had been an exceptional term of an extraordinary outgoing President Mary Joy Dia, which is her home, not only personally but also professionally.

The Gala Night suitably showcased the theme of the evening which was Sparkle & Shine, but in the modern Filipiniana glitz and glamour. The event was graced with around 350 people; PNAA members with their special family/friends, professional colleagues and some very distinguished guests. The venue was nothing short of spectacular, right in the middle of Times Square and Broadway, the ballroom was elegant but what made the occasion extra special were the smiles and the beauty of the people who were there.

My group, the PNA New Jersey chapter, was graciously asked to present a dance number to be one of the entertainment features for the evening. Although we have performed this piece on the state level, 4 years ago, we were still faced with an enormous challenge for rehearsals, because of work schedules of an ensemble of 16 Nurses from different counties of NJ. We also had some new members who had to learn the piece in a short period of time, since some of the previous ones were not available.

The Broadway production “ONE” from the infamous show “A Chorus Line”, was choreographed by Bob Avian and Michael Bennett, who won the Tony Award for Best Choreography in 1976 for their work on the musical. It is believed to be one of the hardest Broadway dance routines of all time to be produced and mastered by an ensemble cast. The iconic dance sequence with its Rockette style kicks, shifts in formation and assembly line is by far some of the most memorable on the Broadway stage. Imagine this and we have to do our own version with non-professional dancers but professional Nurses who all just happen to have a passion for dancing, entertaining, camaraderie and simply put, having fun. There were moments that we had to deal with injuries and achy joints but we pushed through with the hopes of delivering a gala worthy performance.

Joining the PNAA organization not only allows you to network amongst some of the most amazing and decorated individuals of our Nursing profession, but it also opens so many avenues to foster career growth, advance learning, etc. and yet the most rewarding of it all, is I believe, the development of lifelong friendships that progress to unbreakable bonds of Sisterhood and Brotherhood.

For their commitment, dedication, hard work, and gift of time, I would like to recognize the members of our PNANJ "ONE" RN Dance Ensemble: Thank you Ladies for dancing with me.

- |                |                   |                  |                |
|----------------|-------------------|------------------|----------------|
| Ruth Alea      | Susan Castor      | Arlin Fidellaga  | Elaine Magat   |
| Arlene Azores  | Sally Dela Merced | Lalaine Genuino  | Marley Nicolas |
| Hazel Bambalan | Grace Empleo-Lo   | Nini Jurado      | Arbie Ramos    |
| Meriam Canares | Eileen Espiritu   | Jessa Manalastas | Grace Vickerie |

And to my forever dance partner in crime Belle Villafuerte, who despite of a busy personal conflict of schedule, still manage to continue supporting us with scheduling rehearsals, music support, provision of costume, etc. in behalf of the group, I thank you with all my heart.

Here are some highlights of that "ONE" Magical Gala Night in photos...



From rehearsal to live show



Pretending to be Manhattan Showgirls



Posing with some fans who thought we were legit showgirls



The PNANJ Dance Ensemble in Formal Filipiniana wear.

## The PNAAF/PNAA/PNANY 5K Wellness Walk Challenge: the New York Experience

By Priscilla L. Sagar, EdD, RN, ACNS-BC, CTN-A, FAAN,  
Susan Anabelle Gador, MA, BSN, RN, ANP,  
Maria Rosario-Sim, EdD, PPCNP-BC



The PNAAF collaborated effectively with PNAA and its 43<sup>rd</sup> National Convention host chapter, PNA-NY to plan the 5K Wellness and Fitness Walk held in New York City on July 9, 2022. The PNAAF, a 501c3 organization, is the philanthropic arm of PNAA that provides 70% of its total fund raised to support, national and regional leadership training, research, scholarships, and community outreach.

Leading the PNAAF Committee were President Nancy Hoff; PNAAF Overall Chairperson for 5K events Vilma Ortiz; Ernesto Rosas, 5K Founder; PNAAF Board of Directors Ted Llasos, Merlita Velasquez, Sally Ani, Marta Cabarios, Rose Estrada, Eastern Region VP Victoria Pike, and Nancy Tobeo Mendoza, Registration Chair at the 2021 5K.

On the PNA-NY side, the 2022 5K Walk Run Committee was led by the committees actively planning with PNAA to make the convention a success. Dr. Priscilla Sagar, PNA-NY Recording Secretary and Editor of *The Connection*, was appointed Chair of the PNA-NY 2022 5K Walk Run Committee. The committee grew from its inception and included the following members: Aubrey May Agcon, Dr. Elvy Barroso, Kathleen Begonia, Jona Caparas, Thelma Diago, Dr. Laura Garcia, Rolando Gatilao, Corina Florece-Ruiz, Maria Rosario Sim, Mary Jane Torres, and Corazon Sy. Susan Anabelle Gador, former PNA-NY President and an experienced 5K Walk /Run participant and walker, was Committee Advisor. The PNAAF requisite volunteers from the PNA-NY committee were K. Begonia to work closely with N. T. Mendoza to monitor and track registration, Dr. L. Garcia (Corporate Sponsorship), R. Gatilao (T-Shirt Sponsorship), and C. Sy, M.J Torres, and C.F. Ruiz (Refreshments).



## The Arduous Preparation for the Walk

The PNA-NY Team began preparation in August 2021 and contacted V. Ortiz who was still finishing the 2022 5K report. The scheduled meetings with PNAAF/PNAA 5K core group occurred monthly, including the logistic preparations. The 5K Teams announced the requests for participants---whether virtual or live walkers and for T-shirt and corporate sponsors. On December 1, 2021, the 5K fundraising event kicked-off with a video prepared by A.M. Agcon launching on social media platforms such as Facebook, Twitter, and LinkedIn. Thereafter, the enthusiasm of participants evolved gradually to full, blossoming support.

Through a full engagement of PNANY 5K core group, headed by P. Sagar and S. Gador, the team secured walk permits from New York agencies, Community Boards, and Police precinct. The team faced some challenges in obtaining a permit to take a short walk inside Central Park. However, the PNANY core group arduously surmounted challenges to bring the participants as close to Central Park as much as possible. The teams were in consultation with Reuben Seguritan, Esquire, PNA-NY legal adviser and Leticia Hermosa, Esquire, PNAA legal adviser.

The virtual walks among different PNAA chapters started sometime in April 2022. In New York City, some of PNANY core group did a test walk along the 5K path: S. Gador, P. Sagar, D. Sagar, L. Garcia, C. Sy, and R. Gatilao. The core group continued to recruit walkers and sponsors and monthly, Vilma Ortiz, PNAAF 5K chairperson, provided update of the 5K thermometers. The thermometer continued to heat up more especially towards the end of June 2022.

## Outstanding Donors and Winners

While many supported the Wellness and Fitness Walk, it is noteworthy to mention outstanding donors: Connetics Communications, LLC ( Platinum); Philippine National Bank of NY, University of the East Ramon Magsaysay Medical Foundation, Nancy Hoff, and Carmelita Meitzler (Gold); Ferrer Arch and Expanded Care, Inc., Advantage Health Care Provider, PNA New York, and Menandro and Vilma Ortiz (Silver). Worth mentioning were t-shirt sponsors of \$300 each recruited from different PNAA Regions and Chapters.

The regions with highest solicitation were eastern region, RVP, Victoria Pike; south central region, RVP: Karen Michelle Cendana; and western region, RVP, Dr. Marlon Saria. The first Chapter to reach the goal was PNA South Texas Rio Grande Valley. The following chapters all reached their goals: PNA San Antonio, PNA Corpus Christie, PNA Central Florida, PNA Northeast Florida, PNA New England, and PNA New York, Host for 43<sup>rd</sup> PNAA National Convention.

The Rosas Cup was given to PNA Central Florida as the next PNAA 5K host.



## On The Day of the Walk

Prior to the walk, there was a short program, starting with a prayer led by Nancy Hoff; messages from Warly Remegio, PNA-NY President, and Vilma Ortiz then handing of awards to different chapters/regions for recruiting the most sponsors by PNAAF.

During the start of the 43<sup>rd</sup> PNA Convention on July 6, many members were getting excited to take the morning walk along Manhattan sidewalks and Columbus Circle in Central Park. The event finally happened in early morning of July 9, 2022. Nurses, their friends and family members were amazed by the 5K path taken as there was not a PNAAF walk/run that ever happened in a city, like New York, in the many years of 5K events. There were about 120 walker participants lead by PNANY and PNANJ lead walkers.

As the walkers were heading back to Marriott Marquis Hotel, a Channel 7, ABC Eyewitness News newscaster was at the corner of 46<sup>th</sup> Street and Broadway and asked if he could interview S. Gador regarding tourism and COVID-19. The interview was briefly showed on air. Unsurprisingly, the participants were excited to experience a fleeting feeling of being a “celebrity.”



## Looking Ahead: Bequeathing to the 5K 44<sup>th</sup> PNA Convention 5K Team

The 5 K PNAAF/PNAA/PNA-NY 2022 team invited the organizers of the 44<sup>th</sup> PNA Convention led by Alicia Tullo, PNAF President and Manny Ramos, SCR RVP, PNAF Executive Director and iLDP Director, at its post walk debriefing meeting on Monday, July 18, 2022 via ZOOM. The PNA 44<sup>th</sup> National Convention & Cruise will be held on July 16-23, 2023 as a 7-night Western Caribbean and Coco Cay Cruise. The 2022 5K teams in collaboration reflected on the New York planning, implementation, and evaluation and came out with recommendations for the 2023 5 K and future 5 K initiatives. During the meeting, a ceremony was held, with Dr. Sagar bequeathing 5 K responsibilities to A. Tullo.

## Acknowledgements

Truly, it was a humbling experience to be the host chapter of the 2022 5K Wellness and Fitness Walk. We would like to acknowledge the committee members who worked behind the scenes to make this event a success: P. Sagar, S. Gador, M.R. Sim, L. Garcia, R. Gatilao, K. Begonia, C. Sy, M.J. Torres, C. F. Ruiz, T. Diago, J. Caparas, A. Agcon, W. Remegio, E. Barroso, Elaine Magat and Precious Gem Inay. Thank you to Vernie Bacolot and Melanie Remegio for volunteering as lead walkers with the PNA-NY team. We are grateful to Jacqueline Juele-Schuster, PNA-NY Treasurer, for collecting the T-Shirt and donation for PNA-NY walkers. The PNANY 5K Team is honored to work with the organized and structured PNAAF Team led by V. Ortiz. It took a village---all of us---in making this 2022 5K a success!









## Strategic Planning: Visioning for PNAAC

By Marlon Garzo Saria, PhD, RN, OCN, NEA-BC, NPD-BC, FAAN

Plans are worthless, but planning is everything.

-Dwight D. Eisenhower



The importance of being adaptable in the face of change cannot be overemphasized. We all have been in situations where our best laid plans fall apart and yet, somehow, we manage to make it work in the end, sometimes with even more impressive results.

This is the WHY of strategic planning. Strategic planning is not just about the plan which are often shelved and forgotten until the next cycle begins. It is not just an organizational exercise expected of any new leadership or administration. Strategic planning is the collective effort of the leaders to be on the same page, exploring the current landscape and future horizons for the organization. The goal is to steer the organization towards a shared vision while being agile to adapt to changes inside and outside the organization.

On Tuesday, July 5, 2022, members of the PNAAC Executive Board 2022-2024 gathered at the PNAAC-PNAAF Legacy Headquarters in North Brunswick, New Jersey, to participate in a strategic planning session facilitated by Dr. Leo-Felix Jurado, Past President and current Executive Director of PNAAC. Dr. Jurado adopted an appreciative inquiry (AI) approach to the strategic planning using SOAR analysis (Strengths, Opportunities, Aspirations, Results).

The strategic planning team included 2022-2024 President Dr. Gloria Beriones, President-Elect Dr. Marlon Garzo Saria, Eastern Region Vice President Dr. Warly Remegio, North Central Region Vice President Manelita “Bong” Dayon, Western Region Vice President COL (Ret.) Bob Gahol, Board Members Melissa Cunanan, Reglita Laput, Susan Repotente, Dr. Priscilla Sagar, Secretary Teresa Damito, South Central COPRR Dr. Mila Sprouse, Western Region COPRR AI Manila Espinas and Chair of Community Outreach Committee Nicer Jurado. Five of the attendees are new to the executive board, amplifying the etic or external perspective of the work of the PNAAC Executive Board.

The SOAR approach to the strategic planning session started with an exploration of PNAAC’s greatest strengths and opportunities. The leadership team were then invited to share their aspirations and to imagine PNAAC’s preferred future. Last, metrics and dashboards were discussed to serve as inspiration in achieving measurable results.

Dr. Gloria Beriones closed the strategic planning session by sharing her mantra for 2022-2024: Our United Voices: WE CARE: **Wisdom. Excellence. Collaboration. Advocacy. Respect, Equity.**

*"The future belongs to those who prepare for it today." Malcolm X*



**PNAA EXECUTIVE BOARD 2022-2024**

# PNAMSEF SPARKS: The 43<sup>rd</sup> PNAA Annual National Convention in New York City

By Priscilla B. Molas BSN, RN, CMSRN (PNAMSEF President)

Finally, the most awaited 43<sup>rd</sup> PNAA Annual National Convention became a reality from July 6-10 2022 in New York City. The Leadership and Education Day was done hybrid and the rest of the activities was a face-to-face event. The speakers are very innovative and inspiring. Their topics of expertise are relevant on today's issues and concerns especially the topic on emotional health and well-being, the residency for new nurses to prepare them to transition from novice nurses to proficient nurses and research done on the economic impact of COVID 19 to the frontliners.

The event was highlighted by PNAAF 5K Walk/Wellness challenge which Vilma Ortiz and the committee organized to raise money to support the different projects of the foundation. They have to be in the park by 4:30 am and enjoy the camaraderie. Kudos to all who participated in the walk. Mrs. Ortiz got a SPARK award for her contribution to the 5K Walk as chairman and a Certificate Leadership award. Congratulation on job well done.

The Gala night was a celebration of all the accomplishment of President Mary Joy Dia and her executive board and induction of the incoming executive board. I was able to meet some of the PNAA leaders and the other chapters leaders and members while falling in line to go inside the ballroom. I took the opportunity to take pictures with them. I was so happy finally I can meet them in person after two and half years of doing zoom with them. Hopefully next year we can all meet face to face just like the old times.

Unexpectedly I received a Special Recognition award from the Editor in chief Col. Bob Gahol for outstanding support of the PNAA newsletter. PNAMSEF also got a trophy for Chapter Membership SPARK Award. Thank you for the recognition. The Gala night was spectacular and it is the embodiment of all the hard work of the PNAA and the different chapter leaders and members has done to accomplish the mission and vision of PNAA inspite of the pandemic. I salute President Mary Joy Dia of her leadership to make PNAA shine and the Pilipino nurses be the SPARKS around the world. You have made PNAA proud of your accomplishment.



The next journey to excellent will be the mantra of Dr. Gloria Beriones "WE CARE" which is important for the emotional well-being of all who are impacted by the COVID pandemic to heal. Thank you PNANY for the excellent job in hosting the 43<sup>rd</sup> Convention. See you all next year in Orlando, Florida.



# PNAA 43<sup>rd</sup> Annual Convention Summary

By Elizabeth-Grace Goel  
Founder, The Justly Project



This year's 43rd PNAA Annual National Convention marked a joyous and educational return to in-person learning, networking, and exchange in New York City. Hosted by PNA-New York, the meeting offered an opportunity for attendees to reflect on the historic challenges faced by the pandemic in the last two years, to remember and celebrate the Filipino nurses who fought and sometimes fell on the frontlines in compassionate service for their patients, and to gather strength and share knowledge to create a more resilient nursing community for the future. In five packed days, attendees and presenters joined together to focus on important topics including leadership, education, and community. An overarching theme, motivated by outgoing PNAA President Dr. Mary Joy Garcia-Dia's DNP, RN, FAAN, S.P.A.R.K. initiative ("Stories of People, Achievement, Resilience, and Kindness"), was to draw on and share the personal experiences of Filipino nurses to affirm and empower nurses who lead by example.

The conference kicked off on Wednesday with a full day of national and regional meetings that provided a valuable opportunity for leadership to review past progress and plan for the future of the PNAA and state and regional chapters. A special highlight was a dinner hosted at the Philippines Consulate and accompanied by a preview of Emmy-awarding-winning filmmaker Michele Josue's *Nurse Unseen*. Josue's feature-length documentary in development ([nurseunseen.com](http://nurseunseen.com)) aims to uncover the history and humanity of the unsung Filipino nurses risking their lives on the frontlines of the Covid-19 pandemic. Ms. Josue and her team were present to discuss the documentary, which featured

interviews with PNAA members including President Emerita Dr. Garcia-Dia.

Thursday's Leadership Day agenda offered a rich variety of panels and presentations that offered leadership and clinical updates to support the competencies of nurse leaders. The morning's Leadership Institute began with a keynote by Wilhelmina Manzano, MA, RN, NEA-BC, FAAN, in which she shared her inspiring story of how she became a nurse, her challenges as a young nurse, and how she turned these challenges into an opportunity to become a successful nurse leader. The first panel, on Filipino Men in Nursing, featured a diverse cast of male nurses and demonstrated the ambitions of PNAA to give a voice to minority groups. Participants reflected on the history of nursing and discussed their contemporary efforts to further diver-



sify the Filipino nursing community. A working lunch, which allowed participants to acquire deeper clinical knowledge concerning tardive dyskinesia, was followed by a leadership skills workshop and an update on PNAA's iLDP (Leadership Development Program), an intensive eight-week educational program open to PNAA members to foster their management and leadership capacity. The second panel of the day provided an executive Clinical Update that brought into clearer focus the ways that the cutting edge of technology and innovation is shaping nursing practice in various settings and specialties.

This glimpse into the future highlighted the roles of artificial intelligence, accelerated biotechnology development, and remote health solutions in the healthcare of the future. The day concluded with a highly successful Networking Night. This Broadway-themed evening allowed old friends to reunite and new friendships and professional relationships to blossom, as PNAAC chapters participated in the traditional parade of banners, followed by fun-filled regional presentations.

Friday's Education Day wove together the personal experiences of Filipino-American nurses, highlights of innovations in clinical practice, and leading research on public health and social medicine to create a deep and multi-dimensional experience for participants. The morning began with a panel on Nursing Informatics. Participants focused on storytelling and social media, surveying lessons for effectively reaching target audiences and sharing nursing experiences for educational purposes. Following Dr. Garcia-Dia's State of the PNAAC Report, which drew on her two years leading the national organization, Dr. Pamela Cipriano, PhD, RN, NEA-BC, FAAN, delivered a keynote address touching on global challenges faced by nurses, including climate change. Dr. Peter Hay Hotez, MD, PhD, discussed what we have learned from Covid-19 and how nurses and other healthcare professionals can plan for the next pandemic. The next panel, SPARK Stories, built on outgoing President Dr. Garcia-Dia's S.P.A.R.K. initiative to share the powerful stories of accomplished Filipino nurse leaders and to inspire other attendees to pursue advanced education and leadership roles for the good of the whole healthcare community. A final panel dealt with Innovations in Clinical Practice, providing the audience with an update on cutting-edge developments in healthcare that will influence nursing practice. An important presentation by J. Corey Feist on emotional health and well-being, a crucial topic for nurses' self-care today, was followed by a research poster presentation that highlighted work by PNAAC members on topics ranging from Covid-19 to community partnerships to improve healthcare outcomes. Education Day concluded with podium presentations from PNAAC grant recipients and a glimpse at the future of PNAAC under incoming president Dr. Gloria Lamela Beriones, PhD, RN, NEA-BC. The audience was left anticipating Dr. Beriones' many exciting plans for the PNAAC in the years to come.

A richly educational and rewarding national convention was capped off by an opportunity on Saturday to reaffirm the bonds among PNAAC members that are so crucial for the health of the national organization and for the Filipino nursing community more broadly. The PNAAC Foundation 5k walk/wellness challenge kicked off the day and allowed members to be active together. After the General Assembly, the true highlight of the day was the gala and induction and awards night. Besides recognizing the contributions of outstanding members and marking a change in leadership, the gala night was a wonderful opportunity to celebrate a joyous return to in-person activities and to celebrate the vital continuing work of the organization and its members.



**43<sup>rd</sup>** PNAА ANNUAL  
NATIONAL CONVENTION



# Presidential Awards

## QUANTUM LEADERSHIP AWARDS



**43<sup>rd</sup>** PNAА ANNUAL  
NATIONAL CONVENTION


*Presidential Award*



*Carmina Bautista*  
QUANTUM LEADERSHIP AWARD

**43<sup>rd</sup>** PNAА ANNUAL  
NATIONAL CONVENTION

*Presidential Award*



*Dr. Leticia Hermosa*  
QUANTUM LEADERSHIP AWARD

**43<sup>rd</sup>** PNAА ANNUAL  
NATIONAL CONVENTION

*Presidential Award*



*Melissa Cunanan*  
QUANTUM LEADERSHIP AWARD

**43<sup>rd</sup>** PNAА ANNUAL  
NATIONAL CONVENTION

*Presidential Award*



*Carol Robles*  
QUANTUM LEADERSHIP AWARD

**43<sup>rd</sup>** PNAА ANNUAL  
NATIONAL CONVENTION



*Presidential Awards*

TRAILBLAZERS AWARDS



**43<sup>rd</sup>** PNAА ANNUAL  
NATIONAL CONVENTION

*Presidential Award*



*Dr. Risa Mauricio*  
TRAILBLAZER AWARD

**43<sup>rd</sup>** PNAА ANNUAL  
NATIONAL CONVENTION

*Presidential Award*



*COL (Ret.) Bob Gahol*  
TRAILBLAZER AWARD

**43<sup>rd</sup>** PNAА ANNUAL  
NATIONAL CONVENTION

*Presidential Award*



*Dr. Emerson Ea*  
TRAILBLAZER AWARD

**43<sup>rd</sup>** PNAА ANNUAL  
NATIONAL CONVENTION

*Presidential Award*



*Dr. Gloria Beriones*  
TRAILBLAZER AWARD

# 43<sup>rd</sup> PNAA ANNUAL NATIONAL CONVENTION



## BE THE SPARK Awards



43<sup>rd</sup> PNAA ANNUAL NATIONAL CONVENTION

BE THE SPARK Award



*Janet Cuaycong*  
PNAA Treasurer

43<sup>rd</sup> PNAA ANNUAL NATIONAL CONVENTION

BE THE SPARK Award



*Mindy Ofiana*  
RISE UP Podcast Host

43<sup>rd</sup> PNAA ANNUAL NATIONAL CONVENTION

BE THE SPARK Award



*Manny Ramos*  
RISE UP Podcast Host

43<sup>rd</sup> PNAA ANNUAL NATIONAL CONVENTION

BE THE SPARK Award



*Dr. Ninotchka Brydges*  
ANCC Program Director



43<sup>rd</sup> PNAА ANNUAL NATIONAL CONVENTION

BE THE SPARK Award



*Susan Repotente*  
PNAА Secretary

43<sup>rd</sup> PNAА ANNUAL NATIONAL CONVENTION

BE THE SPARK Award



*Teresa Damito*  
PNAА Assistant Secretary

43<sup>rd</sup> PNAА ANNUAL NATIONAL CONVENTION

BE THE SPARK Award



*Dr. Rose Estrada*  
PNAАF

43<sup>rd</sup> PNAА ANNUAL NATIONAL CONVENTION

BE THE SPARK Award



*Vilma Ortiz*  
Chair, 5K Committee

43<sup>rd</sup> PNAА ANNUAL NATIONAL CONVENTION

BE THE SPARK Award



*Dr. Sherwin Imperio*  
PNA California Orange County

43<sup>rd</sup> PNAА ANNUAL NATIONAL CONVENTION

BE THE SPARK Award



*Dr. Merlie Ramira*  
PNA San Diego

43<sup>rd</sup> PNAА ANNUAL NATIONAL CONVENTION

BE THE SPARK Award



*Reglita Laput*  
PNA Michigan

43<sup>rd</sup> PNAА ANNUAL NATIONAL CONVENTION

BE THE SPARK Award



*Catherine Paler*  
PNA Virginia

43<sup>rd</sup> PNAA ANNUAL NATIONAL CONVENTION

BE THE SPARK Award



*Arlita Pang*  
PNA Metro Houston

43<sup>rd</sup> PNAA ANNUAL NATIONAL CONVENTION

BE THE SPARK Award



*Aluminada Jurado*  
PNA New Jersey

43<sup>rd</sup> PNAA ANNUAL NATIONAL CONVENTION

BE THE SPARK Award



*Elizabeth Grace Goel*  
Founder, The Justly Project



43<sup>rd</sup> PNAA ANNUAL NATIONAL CONVENTION

Team Spirit Awards



43<sup>rd</sup> PNAА ANNUAL NATIONAL CONVENTION

*Team Spirit Award*



*Virginia Alinsao*  
CHAIR, PNAА GLOBAL AFFAIRS COMMITTEE 2020-2021

43<sup>rd</sup> PNAА ANNUAL NATIONAL CONVENTION

*Team Spirit Award*



*Lolita Compas*  
CHAIR, PNAА GLOBAL AFFAIRS COMMITTEE 2021-2022

43<sup>rd</sup> PNAА ANNUAL NATIONAL CONVENTION

*Team Spirit Award*



*Dr. Lilibeth Cuevas*  
CHAIR, PNAА ARCHIVE COMMITTEE 2020-2022

43<sup>rd</sup> PNAА ANNUAL NATIONAL CONVENTION

*Team Spirit Award*



*Teresa Gonzalvo*  
CHAIR, PNAА ETHICS COMMITTEE 2020-2022

43<sup>rd</sup> PNAА ANNUAL NATIONAL CONVENTION

*Team Spirit Award*



*Marife Sevilla*  
CHAIR, PNAА HUMAN RIGHTS COMMITTEE 2020-2022

43<sup>rd</sup> PNAА ANNUAL NATIONAL CONVENTION

*Team Spirit Award*



*Davy Diongson*  
CO-CHAIR, PNAА MEMBERSHIP COMMITTEE 2020-2022



43<sup>rd</sup> PNAА ANNUAL NATIONAL CONVENTION



*Service Award*  
COMMITTEE CHAIRS 2020-2022



43<sup>rd</sup> PNAА ANNUAL NATIONAL CONVENTION

*Service Award*



*Dr. Emerson Ea*  
CHAIR, PNAА EDUCATION COMMITTEE 2020-2022

43<sup>rd</sup> PNAА ANNUAL NATIONAL CONVENTION

*Service Award*



*Dr. Riza Mauricio*  
CHAIR, PNAА APN COMMITTEE 2020-2022

43<sup>rd</sup> PNAА ANNUAL NATIONAL CONVENTION

*Service Award*



*Mindy Ofiana*  
CHAIR, PNAА LEGISLATIVE COMMITTEE 2020-2022

43<sup>rd</sup> PNAА ANNUAL NATIONAL CONVENTION

*Service Award*



*Romeo Devera*  
CHAIR, PNAА COMMUNITY OUTREACH COMMITTEE 2020-2022

43<sup>rd</sup> PNAAC ANNUAL NATIONAL CONVENTION

*Service Award*



*Dr. Lilibeth Cuevas*  
CHAIR, PNAAC ARCHIVE COMMITTEE 2020-2022

43<sup>rd</sup> PNAAC ANNUAL NATIONAL CONVENTION

*Service Award*



*Dr. Leli Pedro Drake*  
CHAIR, PNAAC AWARDS COMMITTEE 2020-2022

43<sup>rd</sup> PNAAC ANNUAL NATIONAL CONVENTION

*Service Award*



*Virginia Alinsao*  
CHAIR, PNAAC GLOBAL AFFAIRS COMMITTEE 2020-2021

43<sup>rd</sup> PNAAC ANNUAL NATIONAL CONVENTION

*Service Award*



*Janet Cuaycong*  
CHAIR, PNAAC BUDGET & FINANCE COMMITTEE 2020-2022

43<sup>rd</sup> PNAAC ANNUAL NATIONAL CONVENTION

*Service Award*



*Lolita Compas*  
CHAIR, PNAAC GLOBAL AFFAIRS COMMITTEE 2021-2022

43<sup>rd</sup> PNAAC ANNUAL NATIONAL CONVENTION

*Service Award*



*Elena De Jesus*  
CHAIR, PNAAC BYLAWS COMMITTEE 2020-2022

43<sup>rd</sup> PNAAC ANNUAL NATIONAL CONVENTION

*Service Award*



*Dr. Ninotchka Brydges*  
CHAIR, PNAAC ANCC COMMITTEE 2020-2022

43<sup>rd</sup> PNAAC ANNUAL NATIONAL CONVENTION

*Service Award*



*Carol Robles*  
CHAIR, PNAAC COMMUNICATIONS & MARKETING COMMITTEE 2020-2022

43<sup>rd</sup> PNAAC ANNUAL NATIONAL CONVENTION

*Service Award*



*Teresa Gonzalvo*  
CHAIR, PNAAC ETHICS COMMITTEE 2020-2022

43<sup>rd</sup> PNAAC ANNUAL NATIONAL CONVENTION

*Service Award*



*Dr. Gloria Beriones*  
CHAIR, PNAAC POLICY & PROCEDURE COMMITTEE 2020-2022

43<sup>rd</sup> PNAAC ANNUAL NATIONAL CONVENTION

*Service Award*



*Marife Sevilla*  
CHAIR, PNAAC HUMAN RIGHTS COMMITTEE 2020-2022

43<sup>rd</sup> PNAAC ANNUAL NATIONAL CONVENTION

*Service Award*



*Dr. Sigrid Ladores*  
CHAIR, PNAAC RESEARCH COMMITTEE 2020-2022

43<sup>rd</sup> PNAAC ANNUAL NATIONAL CONVENTION


*Service Award*



*Dr. Cynthia Ayres*  
CHAIR, PNAAC JNPARR COMMITTEE 2020-2022

43<sup>rd</sup> PNAAC ANNUAL NATIONAL CONVENTION

*Service Award*



*Zenaida Lasa*  
CHAIR, PNAAC WAYS & MEANS COMMITTEE 2020-2022

43<sup>rd</sup> PNAAC ANNUAL NATIONAL CONVENTION

*Service Award*



*Madelyn Yu*  
CHAIR, PNAAC NOMINATIONS & ELECTION COMMITTEE 2020-2022

43<sup>rd</sup> PNAAC ANNUAL NATIONAL CONVENTION


*Service Award*



*Tatiana Arreglado*  
CHAIR, PNAAC WEBSITE COMMITTEE 2020-2022

43<sup>rd</sup> PNAAC ANNUAL NATIONAL CONVENTION


*Service Award*



*Dr. Jennifer Aying*  
CHAIR, PNAAC COVID-19 TASK FORCE 2020-2022

43<sup>rd</sup> PNAAC ANNUAL NATIONAL CONVENTION

*Service Award*



*Dr. Jennifer Dixon*  
CHAIR, PNAAC SCHOLARSHIP COMMITTEE 2020-2022

43<sup>rd</sup> PNAAC ANNUAL NATIONAL CONVENTION

*Service Award*



*Rose Sexton*  
CHAIR, PNAAC LEGACY BLDG AD HOC COMMITTEE 2020-2022

43<sup>rd</sup> PNAAC ANNUAL NATIONAL CONVENTION

*Service Award*



*COL (Ret.) Bob Gahol*  
CHAIR, PNAAC INSIDE PNAAC NEWSLETTER 2020-2022

43<sup>rd</sup> PNAAC ANNUAL NATIONAL CONVENTION

*Service Award*



*Dr. Nancy Atmospera-Walch*  
CHAIR, PNAAC BUSINESS DEVELOPMENT AD HOC COMMITTEE 2020-2022

43<sup>rd</sup> PNAAC ANNUAL NATIONAL CONVENTION

*Service Award*



*Dr. Jennifer Aying*  
Balik Turo 2020-2022



43<sup>rd</sup> PNAAC ANNUAL NATIONAL CONVENTION

*Service Award*



*Melissa Cunanan*  
CHAIR, PNAAC MEMBERSHIP COMMITTEE 2020-2022



## CONGRATULATIONS TO PNAAC 2022 NURSE EXCELLENCE AWARDEES

What a stellar, *SPARKling* year for nominations, application submissions, and nursing accomplishments by our PNAAC nurses! Noteworthy and impactful local, national, and international nursing, and nurses are represented in this year's PNAAC Nurse Excellence Awardees. They are but a sample of the caring, high caliber, devoted, capability of ALL our PNAAC members who every day portray our **COLLECTIVE SPARK**.

Deep gratitude to all nominators, families, communities, local chapters, and PNAAC leadership who smoothed the way for the rigorous process leading up to this momentous occasion for recognition.

Blessings and Best Wishes to the 2022 PNAAC Nurse Excellence Awardees!  
2020-2022 Awards Committee.

**Chair:** Leli Pedro Drake (Chair),

**Vice-Chair:** Manelita (Bong) Dayon

**Members:** Aleli Frias, Arlita Pang, Ma. Milani (Jet) Zabala (& Incoming 2022-2024 Chair).

### \*2021 PNAAC Nurse Excellence Award: Nurse Informaticist Presented to

Ellen Arigatorat MS, RN\_BC, PCCN-K



### Congratulations Ms. Ellen Arigatorat & PNAAC New York!

**Nominator:** Dr. Rose Estrada

**Nurse Informaticist Position:** Clinical informatics coordinator New York Presbyterian hospital

What set Ellen apart as a 2021 PNAAC Nurse Informaticist?

★ **Selected Sample Contributions:**

- coordinates training strategies between EpicTogether and Nursing Professional Practice departments
- Speaker for 2 sessions "Sparking the Language of Nursing Informatics" for Connecticut League of Nursing RN Student Day.
- Leads the newly formed Special Interest Group: Nursing informatics, to promote and advance the field of nursing informatics within the PNAAC Community
- Mentors Masters-prepared Informatics Students

★ **Selected Sample Recognition:** NurseHack4Health (community that supports nurse-led innovation year-round) Hackathon Coach (National), Featured as Guest on NPR station's On Point "Nurses Share Stories from the Coronavirus Surge" (Local)

★ **Selected SPARK quote** from submitted Application "...an informatics nurse leader who is able to efficiently develop plans and successfully implement them."

\*Submitted 2021 application initially inadvertently unnoticed by Awards Committee, however reviewed by Awards committee and PNAAC EB approved in 2021 though not in time for 2021 Virtual Award Ceremony.



**2022 PNAA Nurse Excellence Award: Clinical Staff Nurse  
Presented to**

Jennifer A. Orbeso, DNP, MAN, RN

**Congratulations Dr. Orbeso & PNA New England!**



**Nominator:** Fracel Solar

**Clinical Nurse Position:** Neonatal Intensive Care Nurse (NICU)  
Dartmouth Health, Lebanon, New Hampshire

What set Jen apart as a 2022 PNAA Clinical Staff Nurse?

★ **Selected Sample Contributions:**

- Promoted, researched, & published work on Integrated care (a practice philosophy that improves on family centered Care) within NICU settings.
- Led standardization of a treatment protocol (assessment tool, algorithm, learning modules) for diaper dermatitis in hospitalized infants.
- Patient Advocate Leader Filipino American Research (FAR) Hub PCORI Award #21377

★ **Selected Sample Recognition:** Finalist, Outstanding Neonatal Nurse of the year 2015 by Australian College of Neonatal Nurses (International) & 2022 New Hampshire Board of Nursing Nurse Excellence award in Pediatric Nursing (Local).

★ Selected **SPARK quote** from submitted application *“My greatest joy at work is seeing change take place, even if it takes a long time for change to take effect.”*

**2022 PNAA Nurse Excellence Award: Nurse Administrator  
Presented to**

Rebecca Graboso, DNP, MSN, MBA, RN, CCRN, NEA-BC, FNP-BC, NEA-BC

**Congratulations Dr. Rebecca Graboso & PNA New Jersey!**



**Nominator:** Charlotte Qualls

**Nurse Administrator Position:** Vice-President, Chief Nursing Officer, Hackensack Meridian Health-Riverside Medial Center Red Bank, NJ

What set Rebecca apart as a 2022 PNAA Nurse Administrator?

★ **Selected Sample Contributions:**

- Leapfrog A rating, 6<sup>th</sup> Magnet redesignation with zero deficiency, programs to comply with Triple Aim Initiative.
- 2<sup>nd</sup> Author on peer-reviewed, empirical research manuscript published in 2021 Nursing Management Journal.
- Content expert speaker, consultant, within PNANJ (Board member, President) and PNAA (Chair practice & Foundation Research Committees) in numerous progressive leadership positions.

★ **Selected Sample Recognition:** 2020 winner March of Dimes Nurse Leader of the year (Local & National), selected conference speaker for national and international PNAA conferences and Blik-turo Programs on Nurse Leadership (International).

★ **Selected SPARK quote** from submitted Application *“Through the pandemic I was able to lead and manage safe patient*

**2022 PNAA Nurse Excellence Award: Nurse Researcher  
Presented to**

Meriam Caboral-Stevens, PhD, RN, NP-C

**Congratulations Dr. Meriam Caboral-Stevens & PNA Michigan!**



**Nominator:** Reglita Laput

**Nurse Researcher Position:** Tenured Associate Professor, School of Nursing, and affiliate faculty, Center for Health Disparities Innovations and Studies, East Michigan University Ypsilanti, MI

What set Meriam apart as a 2022 PNAA Nurse Researcher?

★ **Selected Sample Contributions:**

- Program Manager & Communication Lead on 5-year CDC Racial and Ethnic Approaches to Community Health Project.
- Chair PNA Michigan Research and Scholarship, and mentor/consultant for chapter grant applications for health-related projects.
- Collaborative manuscript written with nursing students and published in *Advances in Nursing Science*, a peer-reviewed nursing journal title Towards a Definition of Caregiver Fatigue: A Concept Analysis.

★ **Selected Sample Recognition:** 2020 Tenured faculty position at research 2 (Carnegie Classification) designated University (Local), 2<sup>nd</sup> nurse Accepted as Fellow to the New York Academy of Medicine that impacts health policy and advocacy and as a route for cross-state research collaborations (National).

★ **Selected SPARK quote** from submitted Application. *“Dynamic leader...always willing to contribute brilliant ideas to achieve organizational goals.”*

**2022 PNAA Nurse Excellence Award: Nurse Educator  
Presented to**

Jade Borromeo Flinn MSN, RN, CCRN, CNRN

**Congratulations Ms. Jade Flinn and PNA Maryland!**



**Nominator:** Dedeem Womer

**Nurse Educator Position:** nurse educator of the Johns Hopkins Hospital Biocontainment Unit, Baltimore Maryland.

What set Jade apart as a 2022 PNAA Nurse Educator?

★ **Selected Sample Contributions:**

- Practices as nurse educator in operational and disaster preparedness unit, sustains growth and development of program that ensures hospital readiness for the safe care of patients infected with high consequence pathogens.
- Developed and published manuscripts in peer-review nursing journals relevant to standard operating procedures to reduce risk with patients infected with special pathogens, and donning and doffing enhanced PPE ensemble.

★ **Selected Sample Recognition:** Johns Hopkins University School of Nursing, Evening with the Stars, Rosenwald Nursing Innovator of the Year 2021 (Local); Published manuscripts in peer-reviewed journals (National)

★ **Selected SPARK quote** from submitted Application. *“The ripple effect of an educator is a fiery accelerant that provokes change, and I am privileged to be able to wield such immense influence.”*

**2022 PNA Nurse Excellence Award: Community Health and Population-Based Nurse Presented to**

Catherine Rubio, MSN, PHN, RN PNA



**Congratulations Ms. Cathy Rubio & PNA Southern CA, West LA Subchapter!**

**Nominator:** Josefina De Jesus

**Community Health and Population-Based Nurse Position:**

Ambulatory Treatment Nurse Clinician III Kaiser Permanente Medical Center West LA

What set Cathy apart as a 2022 PNA Community Health and Population-Based Nurse?

★ **Selected Sample Contributions:**

- Chair PNASC Community Outreach Committee.
- Led Volunteer teams at SKID ROW (homeless) LA Mission, LA River Clean Up.
- Patient-Centered Outcomes Research Institute (PCORI) Ambassador for City of Hope Cancer Research. Organized research navigators training to promote community engagement in clinical trial participation.

★ **Selected Sample Recognition:** Assistant Secretary for United Specialist Healthcare Foundation (Local), International Medical Corps emergency response and RN Response Network as COVID-19 vaccinator (International).

★ **Selected SPARK quote** from submitted Application *“... a servant leader despite today’s uncertainties. .... serve(s) as resource person, directly collaborate(s) with community leaders.”*

**2022 PNA Nurse Excellence Award: DAISY Nurse Award for Advancing Health Equity Presented to**

Team PNA Maryland Chapter Led by Maria Sheilla Membrebe, MSN/ED, RN, ONC, CMSRN, CBN, CNE & Josefina Jarina, BSN, RN



**Congratulations Team PNA Maryland & Chapter**

**Nominator:** Victoria Navarro

What set This team apart as a 2022 DAISY team?

★ Multiple Local (15) & International (5) 2021-2022 Projects evidencing a team of Nurses Advancing Health Equity.

★ Application requested reporting on ONE Health Determinant, this team addressed all: economic stability, education access and quality, health care access and Quality, neighborhood and built environment, and Social and Community context.

★ **Selected Sample Projects with outcomes:**

- **Promoting Equity:** 2021 assisted 60 elders from community and their families for electronic COVID-19 Vaccine. Outcome: All successfully vaccinated.
- **Influencing/Implementing Change:** Participation in Filipino American Research Hub with five town hall meetings to address and identify health care needs. Outcome: Stakeholder’s group created to work on identifying health care issues affecting the Filipino community, access problems, and resources.
- **Teaching Others:** April 2022 provided tuition assistance to 6 senior nursing students in the Philippines. Outcome: All six senior BSN nursing students graduated June 2022.

★ **Selected SPARK quote** from submitted Application. *“Who would be a more fitting recipient of the DAISY team award than PNA Maryland who extraordinarily maximized its compassion to those in need of health care.....”?*

# 2022 PNAA Scholars



**Kate Nhissa Nantes Agena**

**BSN Program**

Kate is pursuing her Bachelor of Science in Nursing degree at Auburn University in Alabama. Her mom, Mirasol Agena, a nurse, inspired her. She recalls her mom's hard work and passion. Kate's desire to pursue a career in healthcare was due to her mother, who she believes is a true example of what it means to be a caregiver. She graduated with the honor of Salutatorian from John Carroll Catholic High School. She is actively involved in her community and leads some activities. Kate has the accolades of St. Michael the Archangel Parish as one of its college student volunteers, where she leads small groups of students in productive discussions. One of her professors cites her ability to think and ask appropriate questions when encountering different patient conditions. Another professor notes Kate's attributes of empathy and compassion and a solid commitment to nursing. She plans to pursue a nursing career either in surgery or intensive care. Ultimately, Kate wants to pursue higher education to become a nurse educator and work in underserved communities.



**Julia Flores Baylosis**

**BSN Program**

Julia is currently enrolled at Old Dominion University in Virginia with a major in Nursing and a minor in Psychology. Her academic excellence is recognized by being on the Dean's List at her school. She already knew that she wanted to be a nurse while in kindergarten when asked what she wanted to be when she grew up. Julia wanted to help others and eventually realized she could accomplish this by being a nurse. Julia is active in improving the lives of her peers; this is evident when she started a semester-long pen pal system in the Filipino-American Student Association at Old Dominion University, where peers requested or offered support during the pandemic. Julia works as a student researcher at Oak Ridge Institute for Science and Education; she is involved in data collection on health hazards associated with using weapon systems. One of her nursing professors mentions that Julia is a true leader and exhibits the work ethic of a professional nurse. After attaining her BSN degree, Julia aspires to work in the cardiac step-down of the intensive care unit at Sentara Norfolk Heart Hospital.



**Victoria Natalie Bryan, BSN, RN, SMQT-c, LNHA, COHN-S**

**Graduate Level**

Victoria completed her Bachelor of Science in Nursing degree at the University of the Philippines in 1991. She is pursuing her Master of Science in Nursing Education from Aspen University. Victoria has extensive experience in nursing leadership as well as being a surveyor. She held positions as quality director, nursing administrator, and corporate compliance officer. She was a surveyor for the State of Michigan Bureau of Health Services - Licensing and Regulatory Affairs. She is currently employed as an operating room nurse at Garden City Hospital in Michigan. She also holds a license in Nursing Home Administration. Victoria has received nursing recognitions, including the UP Nurses Alumni Association International for Leadership and Community Service Award in 2021 and the PNAA Excellence Award for Nurse Administrator of the Year in 2016. She has been a member of the Philippine Nurses Association of America - Michigan since 2008 and was its secretary in 2016.



**Reynaldo Caasi Capucan, MSN, RN, CNL**

**Graduate Level**

Reynaldo attained his Associate of Science in General Science from Tidewater Community College in Norfolk, Virginia. He pursued his Bachelor of Arts in History from the University of Virginia. He completed his Master of Science in Nursing at the same university. Likewise, from the same university, Reynaldo is currently pursuing programs in Doctor of Philosophy in Nursing, Graduate Certificate in American Studies, and Graduate Certificate in Digital Humanities. He has held various positions in research, museums, academia, and nursing. He is presently a graduate research assistant at the University of Virginia School of Nursing. Reynaldo has received numerous honors asserting his excellence in research; recently, he was a Research Award Semifinalist in the US Fulbright Student Program (2022). He also published many materials and articles related to health, nursing, and research. Reynaldo has been a member of the Philippine Nurses Association of American - Virginia since 2018.

# 2022 PNAA Scholars



**Mafe del Rosario Chase, BSN, RN**

**Graduate Level**

Mafe completed her Bachelor of Science in Nursing from the University of St. La Salle in Bacolod City, Philippines in 1992. She attained her Nurse Re-Entry Certificate from Portland Community College in Oregon in 2003. She is presently enrolled in the Doctor of Nursing Program of Washington State University with a focus on Population Health. Mafe has nursing experiences both in the Philippines and the United States, including medical-surgical, community health, and long-term care. She is currently a staff nurse at the Clinical Decision Unit of Providence St. Vincent Medical Center. She is active in her community as a parish nurse at St. Pius X Catholic Church in Portland. She has presented posters on nursing at the American Med-Surg Nursing Conference in 2019, PNAA Western Regional Conference in 2021, and the PSJH Nurse Research Annual Conference in 2021. Mafe has been a member of the Philippine Nurses Association of America – Oregon and Washington since 2019. She is its local chapter's Secretary and Chair of Membership and Awards (2020-2022).



**Erin Macasaet Estrada**

**BSN Program**

Erin is on her path to completing her Bachelor of Science in Nursing at James Madison University in Virginia. She consistently excelled academically in high school and college, as evident by her impressive grades. With the PNAA scholarship, Erin would have the ability to invest in herself to have the knowledge and skills to be a nurse in the mother-baby unit. Her nursing professors have only good things to say about Erin. One of her professors describes how Erin can see the whole picture of her patients clinically and provide compassionate, personalized bedside care; and how she demonstrates intensive teamwork, critical thinking, and time management. Another professor notes Erin's exemplary performance in the clinical area, as manifested by her outstanding grades and the ability to adapt to situations with grace. Erin expressed that working with various healthcare professionals through her clinical experience has diversified her understanding of nursing. Delving into new environments will expand her knowledge to serve different populations.



**Job Marconi Josue Mascardo, MBA, BSN, RN, CPHQ, NE-BC**

**Graduate Level**

Job graduated with a degree of Bachelor of Science in Nursing from Siliman University in the Philippines in 2010. He completed his Master of Business Administration at AMA University, also in the Philippines, with his thesis titled "Financial Literacy and Retirement Planning of Immigrant Filipino Nurses." At present, Job is enrolled in the Master of Arts in Nursing – Distance Learning and is set to graduate in 2022. He has varied professional nursing experiences in medical-surgical, emergency, virtual/remote health, rehabilitation, and public health. He is currently employed at Humana Care Management as a Care Manager (Nurse II). In 2019, he was awarded Employee of the Year of Riverside Health and Rehabilitation in Montana. Job holds a couple of professional certifications: Certified Professional in Healthcare Quality (CPHQ) and Nurse Executive – Board Certified (NE-BC). He has been a member-at-large of the Philippine Nurses Association of America since 2019.



**Andre A. Rosario, BSN, RN-BC**

**Graduate Level**

Andre completed his Bachelor of Science in Nursing from the University of Pennsylvania School of Nursing in 2016. From the same university, he is completing his Doctor of Philosophy in Nursing. Andre's professional experience covers areas in nursing, research, and academia. He is an Associate Fellow at Leonard Davis Institute of Health Economics - University of Pennsylvania. Andrew received a number of grants, fellowships, and awards, including, recently, the Lillian Sholtis Brunner Fellowship in 2021 from the Barbara Bates Center for the Study of the History of Nursing - University of Pennsylvania. He has published articles in peer-reviewed journals on topics of education on sexuality-inclusive communication. He is a contributing author in the reference book Evidence-Based Practice for Health Professionals: An Interprofessional Approach (2nd ed.); his chapter is titled Epidemiology in Evidence-based Practice. He has presented topics on the history of nursing, assertiveness, and sexuality-inclusive communication. Andre has been a member of the Philippine Nurses Association of America – Pennsylvania since 2020.

Philippine Nurses Association of  
America Foundation



Nursing Scholarship Award  
Master's Degree



**John Paul B. Magtalas**  
MAN, BSN, RN, CV-BC, RCIS  
PNA Arizona

Master's Degree in Nursing for  
the Post-Master Acute Care Nurse Practitioner  
Program at Grand Canyon University

Congratulations  
2022 Scholarship &  
Fellowship Recipients



Nursing Scholarship Award  
Doctoral Degree



**Ren Capucao**  
MSN, RN, CNL  
PNA Virginia

Nursing PhD Program in the  
Graduate School of Arts and Sciences at  
the University of Virginia

Nursing Fellowship Award



**Velma Dumag Yep**  
DNP, MSN, GNP-BC  
PNA Southern Califo

Purpose of QI Project: Evidence-based NP-led  
educational intervention to promote improvement of  
healthcare outcomes in the older population with  
co-morbidities in the outpatient setting





# inside PNAA

Official Newsletter of the Philippine Nurses Association of America, Inc.

## 2022 PRIDE AWARDS

## 2022 MOST ENGAGED CHAPTER AWARD

# PNAA San Diego

**PNAA Chapter NEWS**

**PNAA San Diego making a difference on COVID-19 vaccination program**  
By Ruth Aguilera, RN, BS  
PNAA San Diego President (Jan 2020-2022)

PNAA San Diego is proud to announce that we have successfully completed our COVID-19 vaccination program. This program was a collaborative effort between PNAA San Diego, the San Diego County Health Department, and the San Diego County Office of Public Health. The program was designed to provide free COVID-19 vaccinations to all eligible individuals in the San Diego County area. The program was a success, with over 100,000 individuals receiving their COVID-19 vaccination. This program was a testament to the power of community and the dedication of our members and staff. We are proud to have made a difference in the lives of our community members and to have been recognized for our efforts. We will continue to work hard to provide the best possible care for our community members and to make a difference in the lives of our community members.

**PNAA Chapter NEWS**

**PNASO Student Leadership Council holds Back to School Supplies Drive**  
By Janine Lynn Alan, M.C. Community Outreach Coordinator

PNASO Student Leadership Council (SLC) held a Back to School Supplies Drive on September 10, 2022. The drive was a success, with over 1000 supplies collected and distributed to students in need. The supplies included school supplies, clothing, and other necessities. The drive was a testament to the power of community and the dedication of our members and staff. We are proud to have made a difference in the lives of our community members and to have been recognized for our efforts. We will continue to work hard to provide the best possible care for our community members and to make a difference in the lives of our community members.

**PNAA Chapter NEWS**

**Balik-Aklatan**  
By Laura Lorenz Becor  
Chair of PNAA San Diego MC Bookend Project

PNAA San Diego is proud to announce that we have successfully completed our Balik-Aklatan project. This project was a collaborative effort between PNAA San Diego, the San Diego County Health Department, and the San Diego County Office of Public Health. The project was designed to provide free COVID-19 vaccinations to all eligible individuals in the San Diego County area. The project was a success, with over 100,000 individuals receiving their COVID-19 vaccination. This project was a testament to the power of community and the dedication of our members and staff. We are proud to have made a difference in the lives of our community members and to have been recognized for our efforts. We will continue to work hard to provide the best possible care for our community members and to make a difference in the lives of our community members.

**Webinar Series: PNAA and PNASO Collaborative Project**  
By Ruth Aguilera, RN, BS, PNASO

PNAA and PNASO collaborated to provide a series of webinars on COVID-19 vaccination. The webinars were a success, with over 1000 individuals attending. The webinars provided information on the importance of COVID-19 vaccination and how to get vaccinated. The webinars were a testament to the power of community and the dedication of our members and staff. We are proud to have made a difference in the lives of our community members and to have been recognized for our efforts. We will continue to work hard to provide the best possible care for our community members and to make a difference in the lives of our community members.

## 2022 BEST IN NEWS ARTICLE AWARD

**Cris Escarrilla**  
PNA San Diego

**“Advancing Health  
Equity Conversation:  
Filipino Community”**

**PNA Chapter NEWS**

**Advancing Health Equity Conversation: Filipino Community**  
By Cris Escarrilla, MSN, RN  
PNASD Chair of Education

Philippine Nurses Association of San Diego, Inc. again demonstrated our unity by attending this video forum, “Advancing Health Equity Conversation: Filipino Community,” on February 22, 2022, from 3:00 pm-4:00 pm. There were 21 members and officers who participated in this conversation. Dr. Jennifer Tutur, Deputy Chief Medical Officer, Medical Services Division, Lead, Healthcare Sector for Outreach and Education for the COVID-19 Response, County of San Diego Health and Human Services Agency, moderated the focus group meeting and led by Dr. Gelen Del Rosario, President of Philippine Medical Association of San Diego. It was the first of its kind, a forum of different organizations from our community coming together with the primary objective of addressing Health Equity among the Filipino Community. Representatives from COSD, UPAC, Council of Philippine American Organizations, UCSO, and Philippine Medical Association of San Diego. Our partners’ representatives included Erika Hernandez, Colin King, Dominic De los Reyes, Dr. Happy Araneta, Emily Nguyen, Joe Mazares, Abigail Tamayo, Nicole Villa, Besie Pineda, and Mark Beatty.

Dr. Gelen Del Rosario brought up concerns from the Filipino Primary Care Physicians who take care of our Filipino Seniors during this pandemic. One of them is the lack of access to mental health support, computer literacy or lack of computers to access information, poverty, and chronic illness. Resources if a family member becomes positive with Covid-19, who to contact, which hotel to check in per County guidelines. As a culture, many Filipino households live together in the same house. Therefore, there is a considerable risk of exposure by everyone. There was data mentioned by Dr. Happy Araneta from the University of California San Diego, showing the disparity and health inequity among Filipinos. Filipinos have the highest Type 2 Diabetes rate at 32%, African Americans at 10%, and only 2% among whites. These underlying conditions contributed to the high mortality rate of Filipinos who contracted covid-19. PNASD representatives for this focus group meeting: Aranzel of Cebu, Vivian Sanderlin, Lourdes Derrico, Chona Lutap, Rose Cruz, Dr. Merlie Kimira, Cris Escarrilla, Liza Muscedo, Iona Herce, Emeline Valat, Cara Lopez, Tessie Porciuncula, Perly Aguinaldo, and Pat Madamba.

inside PNA | April 2022 | Page 52

## 2022 BEST IN FEATURE ARTICLE AWARD

**Ampy A. De la Paz**  
PNA Metro Houston

**“Border Crossing”**

**Border Crossing**  
By Ampy A. de la Paz, MSN, RN  
9<sup>th</sup> PNA President (1996-98), PNA Advisory Council

**“All glory comes from daring to begin”... Eugene F. Ware**

In the 1960s, the entry to the US for Filipino nurses was through participation in the 2-year Nurse Exchange Visitor Program. Upon completion, the expectation was for nurse participants to return home to apply the nursing knowledge and skills they learned while on the Exchange Program. I was one of those nurses who participated in the Exchange Nurse Visitors Program, spending my first year at the Albert Einstein Medical Center, Northern Division in Philadelphia and my second year at Michael Reese Medical Center in Chicago, Illinois. Upon the completion of my 2-year stay, I was encouraged by friends to apply for a job in Vancouver British, Canada to learn about Canadian Nursing and experience life in Canada.

My friend, Rosalinda Morada-Simenez, or Linda as it is fondly called, and I were fortunate! We immediately received job offers from the Vancouver General Hospital and promptly obtained our nursing license from the Canadian Board of Nursing. A letter of a job offer was all we needed to obtain a visa to travel to Canada. The anticipation for our Canadian experience mounted while we waited for the arrival of our visa.

Canada, O Canada... here we come!!!! Well, it was too good to be true. The wait for our visa seemed like forever. It never came! Meanwhile, the start date of our job offer at the hospital kept creeping up. Determined to report to work on time, Linda and I boarded the train in Chicago and headed for California where we stayed at my aunt's place to wait a few more days for our visa to arrive. No visa arrived. We then decided to board the train and headed north to the Pacific Northwest bound for Vancouver, British Columbia. Our Canadian venture was about to get interesting!

The train ride along the Pacific coastline was in itself a wonderful sightseeing adventure! The beautiful scenery was breathtaking and mesmerizing! Linda and I were in awe as the train wound its way through the beautiful cities, scenic valleys, hills, and plains of Northern California, through Oregon and into the Washington State. The country side was lush and green! Our eyes feasted on the beautiful scenic views until the train made a full stop at White Rock, Washington north of Seattle. We soon found out that White Rock was a border town before entering Canada. Here, Immigration Officers boarded the train to check personal documents of every passenger prior to being granted entry into Canada. This meant... having a valid passport and valid Canadian Visa. Canadian visa? Linda & I did not have any!

We sat frozen and glued to our seats waiting for the inevitable audience with the Canadian Immigration Officer while mentally preparing what to say when they came to where we were seated. We dug into our luggage for our documents... passport, job offer letter from Vancouver General Hospital, Canadian nursing license, and the letter from the Philippine Consul General in Chicago. Going to the Philippine Consulate and asking for a letter of recommendation from the Consul General was smart move on our part! The letter was an attestation that we were professional registered nurses and Philippine citizens of good standing.

inside PNA | April 2022 | Page 43



**2022 PRIDE  
OUTSTANDING  
EDITORIAL AWARD**

**Sharon Jackson  
PNA Metro DC**

**The Filipino-  
American Nurse**

SPRING - SUMMER 2021



**EDITORIAL**

*by Sharon Jackson, MSN, RN, NE-BC  
Editor-in-chief*

**Be the LIGHT\_ A Leadershift: From ME to YOU\_ The New Paradigm**

FALL- WINTER 2022



**EDITORIAL**

*by Sharon Jackson, MSN, RN, NE-BC, CPHIMS  
Editor-in-chief*

**With Integrity Comes Luster: The LIGHT**

**2022 PRIDE OUTSTANDING NEWSLETTER AWARD  
PNA Metropolitan DC**

FALL- WINTER 2022



**THE FILIPINO-AMERICAN  
NURSE**

*The official newsletter of  
the Philippine Nurses Association of Metropolitan DC, Inc.*

**PRESIDENT'S MESSAGE**



Carol Manilay-Robles - President 2021-2023  
PNAMDC 50<sup>th</sup> Anniversary & Induction Gala  
November 20, 2021  
MGM National Harbor

**Be the LIGHT!**



## 14 PNAMDC Awards: 14 Sparks in its Purpose, Leadership, and Substance

By: Sharon Jackson, MSN, RN, NE-BC, CPHIMS

The push of the **BIG WHY to BE the LIGHT** - To Lead with Innovation, Grit, Humility, and Transparency ... and to soar high with a SPARK – that is, PNAMDC.

PNAMDC is driven. It is a movement on a dogged mission to create a paradigm shift in the lives of its members. This very noble mission became the magnet for its insatiable quest for members. The quest was made incredibly easy by its sheer visibility through its very spirited, dynamic, spry, and vital humanitarian programs and advocacy efforts. PNAMDC got involved in the discussions on honoring the forgotten Filipino nurses who served in Bataan. It supported the Mabuhay, Inc’s Golf Tournament, attended the celebration of five hundred years of Christianity in the Philippines and Feast of St. Lorenzo Ruiz at the Basilica of the National Shrine of Immaculate Conception. The team attended the MHC (Migrant Heritage Commission) Gala in DC, where a posthumous award was given to one of its past presidents, Lenora Mendoza for Outstanding Community Service. The organization also made its presence known at the Veterans Ball. Moreover, they participated in the VFW Hawaiian Luau Fundraising and the PHC (Philippine Humanitarian Coalition’s Meet and Greet with the new Embassy of the Philippines officials.

Most notable of all the philanthropic activities of the organization is the project KABAGIS. KABAGIS is an Ilocano term for a sibling – brother or sister. A fitting name for the project aimed at helping our Aetas brothers and sisters in Zambales. In the words of Dr. Veronica Ramirez, “Today, in the 21<sup>st</sup> century, amidst global pandemic that caused immeasurable pain and misery, a group of Filipino nurses in the US took “Moses’ rod” and donated twenty jetmatic hand pumps to one hundred Aeta families or 430 recipients in Castillejos, Zambales “That was like ‘manna from heaven!’ Water is coming for the Aetas in Castillejos through the kindness of Filipino nurses in the US!”

This relentless act of kindness is the magnet that attracted Filipino nurses in the MD, VA, DC area who demonstrated tepid interest in joining the organization, to eventually join. This irrefutable proof of the organization’s indelible impact in the community where it was planted decades ago is so meritorious and far - reaching that one cannot help but be part of it. As a result, membership exponentially grew from 89 in July 2021 to 218 in July of 2022.

This growth sparked 144% growth making PNAMDC garner the:

- Top Chapter Recruiter Award
- 2nd Highest Chapter Membership Growth Award
- Membership Platinum Award - >200 members
- Chapter Membership SPARK award - meeting 10%-chapter membership growth



While membership is a choice, the perk of being one is a privilege but with it comes great responsibility - the responsibility and duty to vote for representation. Every member knows their rights and obligations. Knowing that and with a little nudge from the ever driven, Madame President Carol Robles, PNAMDC garnered the:

- 3rd Place in the Highest Chapter Voter Turnout Award category.



Executive leadership board membership is more than just the title - exceptional board members go beyond the basics and are intentional and attentive in their approach to board service. They should have a vision, a clear understanding of what their role entails, able to exercise good and fair judgment, ask the right questions, engaged, able to listen with the intent to understand – NOT to reply and as an active force in the execution of activities that will promote and expand the PNAA’s ecosystem. Successful board members are not only defined by what they know but also by how they work. PNAMDC is honored to be represented by:

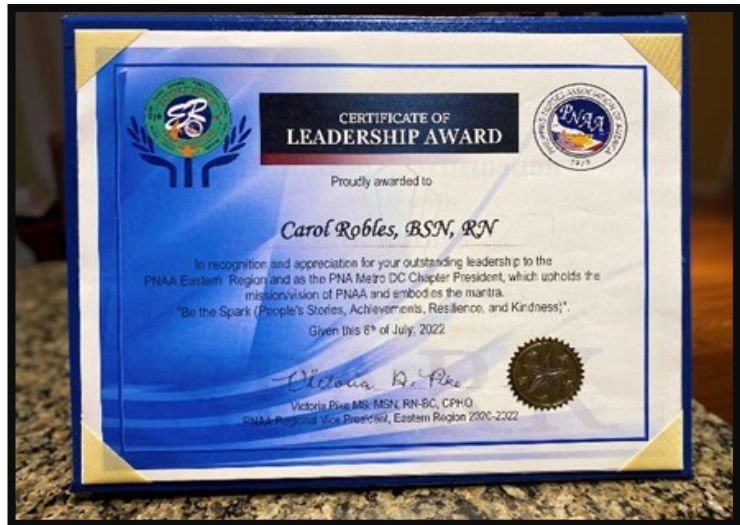
- Lourdes Benitez-Careaga - Meritorious SPARK Award, COPRR 2020-2021 and
- Dr. Lorna Imperial - Meritorious SPARK Award, Auditor 2020-2022



A great leader is a doer with the capacity to translate vision into reality. Someone in the position to influence and not to command. Someone with apparent cogency to rally the members to march towards the realization of a shared vision and mission. That leader leads to be the LIGHT – that is PNAMDC’s President Carol Robles. She is a servant leader with abounding passion – a transmissible passion that can effectuate change in a matter of months. This innate characteristic is translated to six exemplary awards in leadership - a remarkable feat like no other.

- PNAA Service Award - Communications & Marketing Committee Chair 2020-2022
- Eastern Region Certificate of Leadership Award
- Appreciation Award, Inside PNAA Adviser
- Top Individual Recruiter Award (87 new members)
- (Presidential Award) Quantum Leadership Award





Another test of great leadership is when one is navigating through the storm. Anyone can hold the helm when the sea is calm, according to Publilius Syrus. But a great one is able to embrace, adjust, if not adapt, to the current direction of the wind and hoist the sails accordingly – to reach one’s destination.

Through the rough seas of the pandemic these two leaders are profiles in courage worthy of the recognition by the PNAA President:

- Lourdes Benitez-Careaga – PNAA recognition for being Pandemic chapter president
- Carol Manilay-Robles – PNAA recognition for being Pandemic chapter president



All these acts of courage, the glaring sense of purpose, the drive to make an impactful professional presence in the environs and the zesty quest for relevancy in the fast-changing professional and diverse societal landscape are immortalized in the most creative, informative, interesting, inspiring, thought-provoking and insightful content and editorials of the Filipino – American Nurse Newsletter, the official newsletter of the PNAMDC – which led to it garnering the:

- 2022 PRIDE Outstanding Newsletter Award (professional, relevant, inspiring, diverse, and educational)
- Sharon Jackson - 2022 PRIDE Outstanding Editorial Award



**Filipino – American Nurse Newsletter**  
**Spring-Summer 2021**  
**Filipino – American Nurse Newsletter**  
**Fall-Winter 2021**

Substance in leadership when exemplified can create a spark that cannot be dimmed. It will live on in the lives of those it touched. As John Maxwell said, “Leadership is influence.” The fourteen awards are testaments to a mature leadership that can inspire unflinching commitment from the common man which can lead such common man to be uncommon – to get out of the ordinary and to go above-and-beyond the normal call of conventions.

A leader takes people where they want to go. A great leader takes people where they do not necessarily want to go, but ought to be. Rosalynn Carter.

Way to go, PNAMDC! Continue to let your LIGHT SPARK!





# 19th PNAA SCR CONFERENCE

*Our United Voices: Embracing Excellence and Advocacy*



## Moody Gardens Convention Center

**SAVE THE DATE**  
October 14-16, 2022

Hosted by

**PNA Texas Golden Triangle**  
Lorelei Miranda - President

### Schedule of Events

#### October 14, 2022

0800-1130 PNAA EB & SCR Meeting

1230-1700 Leadership Institute

1830-2300 Networking Night

#### October 15, 2022

0800-1605 Education Day

1830-2300 Gala

#### October 16, 2022

0830-0930 Sunday Mass

0930-1100 Brunch



SCAN ME TO REGISTER  
[www.mypnaa.org/events](http://www.mypnaa.org/events)



**VENUE:**

Moody Gardens Convention Center  
7 Hope Boulevard, Galveston Texas 77554  
(409) 741-8484



**FOR DISCOUNTED ACCOMMODATION:**

go to [www.moodygardens.com/stay/accommodations](http://www.moodygardens.com/stay/accommodations) and enter  
Group ID **19935**



**NEARBY AIRPORTS (approx. driving time to venue)**

William P Hobby Airport (HOU) - 50 mins  
George Bush Intercontinental Airport (IAH) - 70 mins



**SHUTTLE SERVICES (Airport to Moody Gardens)**

Reservation is required and must be made 2 days prior to arrival.  
Visit [Galvestonlimo.com](http://Galvestonlimo.com) or call (409) 744-5466.

**SHUTTLE SCHEDULE**

From	HOU	IAH
Time	11:35AM, 12:35PM, 1:30PM, 3:00PM, 5:00PM	10:30AM, 11:35AM, 12:30PM, 2:00PM, 4:00PM



**CONTACT EMAIL:**

Lorelei Miranda—PNATGT President  
[bebotmiranda225@yahoo.com](mailto:bebotmiranda225@yahoo.com)  
Chat Musick—PNATGT President Elect  
[musick100@msn.com](mailto:musick100@msn.com)



**FOR MORE INFO**

Visit [www.mypnaa.org/events](http://www.mypnaa.org/events)



# Philippine Nurses Association of America Foundation



## 2023 Collaborative Conference

January 21-22, 2023

Vigan City, Ilocos Sur

*Save the date!*

*2023: Moving Forward with Innovations,  
Opportunities, and Successes*





*Save the Date*

**PNAA**

**21st Western**

**Regional**

**Conference**

**April 20 - 23, 2023**

**Maui, Hawaii**

Hosted by: PNA Maui Hawaii Chapter





# It's Your Moment

44th PNAA National Convention & Cruise  
July 16-23, 2023

For more information, scan the QR Code,  
visit [www.continuingeducation.net/PNAACruise](http://www.continuingeducation.net/PNAACruise) or  
Call 727-526-1571 & 800.422.0711  
M-F 8:30 am - 6 pm EST and Saturday 10:00 am - 2:00 pm EST



Port Canaveral Florida, Coco Cay Bahamas, Cozumel, Roatan, Puerto Costa Maya

## 44TH PNAA NATIONAL CONVENTION & CRUISE

Aboard Royal Caribbean's *Wonder of the Seas*

To make a Reservation and Get More Information, scan the QR Code or  
visit [www.continuingeducation.net/PNAACruise](http://www.continuingeducation.net/PNAACruise)

Continuing Education, Inc. (CEI) may assist you with all of your travel arrangements  
including flights to and from Port Canaveral, hotel accommodations, transportation,  
or tours before and after the convention.

All reservations for the convention participants and their guests  
*must be made thru CEI*  
to be included in the activities and allow the PNAA to receive amenities as planned.  
Reservations are expected to be completed no later than 75 days before sailing.  
Any reservations made after such date will be accommodated based  
on space availability and prevailing rates.

For more information, call Continuing Education, Inc. (CEI)  
at 727-526-1571 or 800-422-0711  
M- F 8:30 am - 6 pm EST and Saturday 10:00am - 2:00pm EST

hosted by the *Philippine Nurses Association of Central Florida*

